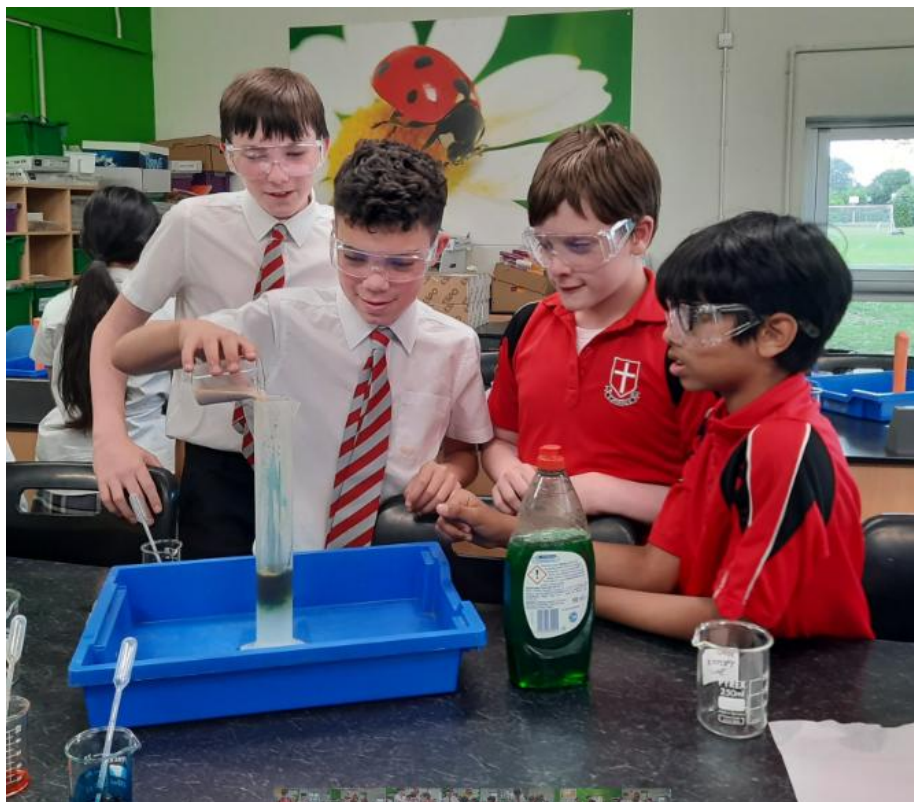




St Joseph's Catholic High School Newsletter

Friday 6th June 2025



Science Club

Students had a great time making elephant toothpaste using different catalysts! *Please see page 8 for more pictures.*

Headteacher Message

Dear Parents/Carers and Students,

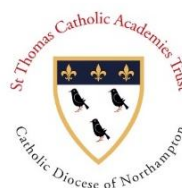
I hope you are all safe and well. Please click on the image below to be directed to this week's Head Teacher Message.



Please like and subscribe to be made aware of all new and exciting St Joseph's content.

St Joseph, pray for us.

Mr Stapleton



"The glory of God is a human being fully alive!"

Pentecost

Weekly Reflections
8th June 2025
10th week in Ordinary time



From the Gospel of John (John 14:15-16, 23b-26)

At that time: Jesus said to his disciples, 'If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Helper, to be with you for ever. If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him. Whoever does not love me does not keep my words. And the word that you hear is not mine but the Father's who sent me.

'These things I have spoken to you while I am still with you. But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.'

Prayer for the Week

Almighty and loving God,

Open our hearts, minds and souls to your Spirit, as you did to the disciples that first Pentecost. Equip us to live as your people, not just this day but every day. Allow our lives to reflect your glory and proclaim your love. Move within us as we pray.

Amen

Day 1

How did the disciples receive the Holy Spirit from Jesus?
When do we receive the Holy Spirit in a special way?

Day 2

What was expected to happen to the disciples when Jesus left them?
What did the breathing of the Holy Spirit allow the disciples to do? What does it allow us to do today?

Day 3

How can you be more **Attentive** and **Discerning** in prayer?
How then can you use the Holy Spirit to be more **Active** and **Curious** to others?

Catholic Social Teaching - Stewardship

"The Lord God took the man and put him in the garden of Eden to till it and keep it." Genesis 2:15. We are guardians of God's creation, living sustainably and enhancing the wellbeing of our planet. Caring for the earth is integral to our task of tackling the scandal of global poverty, vulnerability, inequality, injustice and exclusion. Stewardship is all about caring for the many gifts that God has given to us. These include our environment, our own talents and other resources. The late Pope Francis said "Humanity still has the ability to work together in building our common home" Laudato Si' 13 and "...the world we have received also belongs to those who will follow us."

Laudato Si' 159.

How this half term can you promote Stewardship in all that you do in St Joseph's and society?

Theme of the Week – Pentecost

Happy Birthday! Pentecost is the day the Catholic Church celebrates its birthday. It marks the day where the Holy Spirit descended on the Apostles to go out and help them fulfil the mission of Jesus. On Sunday, parishes around the world had the option to hear from either **John 20:19-23** or **John 14:15-16, 23b-26**. In John Chapter 20, we hear the disciples (the Greek word for disciple means learner and refers to someone who believed and followed Jesus) locking themselves in a room in fear. Jesus then appears to them and after saying **“Peace be with you”** he then breathes on them saying **“Receive the Holy Spirit....”** From here they are then sent (The Greek word for Apostle literally means to be sent) on their mission to bring Christ to others. We celebrate Pentecost as the Church’s birthday as it marks the start of the Church to which we are members of. When then we too receive the Holy Spirit, first at our Baptism, and then at Confirmation, we too should remember that we are on a mission to bring Christ to others.

Pentecost was a Jewish feast day celebrated fifty days after Passover. This is why so many were in Jerusalem at the time that the Holy Spirit was manifested in the lives of the disciples. It might be expected that the absence of Jesus would have led to the newly formed gathering of believers to collapse and dissipate, and we know from Scripture that at least some of them had left Jerusalem to return to their homes. Jesus appears among them offering his greeting of peace and the opportunity to confirm his presence by examining his wounds. The conferring of the Holy Spirit is intimate, as Jesus breathes life back into his fearful disciples. The disciples are to go out and continue Jesus’ work of forgiveness, love and witness in the world. And it is from the other Gospel reading on Sunday where Jesus tells us that the Holy Spirit will teach them new things, lead them to a deeper understanding into the mystery of Jesus and help them to understand the things to come as they take up the challenges that lie ahead. When we are Baptised and Confirmed, we too receive and should listen to the Holy Spirit within us; so it can teach us to understand the mystery of Jesus and take up the challenges that lie ahead of us.

Coming to faith is a journey for most of us as we discover God’s existence within the realities of our life experiences. Just as the disciples gathered together to pray when they were anxious, it is important for us to gather within our school community to share the highs and the lows of our journey. Regular time to pray alone, to pray in community and time to listen to God within our hearts will give us that sense of guidance. Fear had caused the disciples to lock themselves away. When Jesus appeared and breathed the Holy Spirit into his friends, this experience was totally life changing. It led to the start of the Church, and 2000 years or so later we still are here. How can you be more **Attentive** and **Discerning** in listening to God through the Holy Spirit? What fruits of the spirit manifest in you and how can you be more **Active** and **Curious** to share these with others?



Pupil Nominations of the Week

<p>Year 7 Maya Bonczuk and Bartek Nowicki for excellent weeks.</p>
<p>Year 8 Arianna Lacson and Nathan Nowak</p>
<p>Year 9 Brianne Barrozo and Maya Biskupiak-Shah, as voted for by Form Tutors.</p>
<p>Year 10 Phoebe Tomar and Oliver Stacey for receiving the most positive points this week.</p>
<p>Year 12 Magdalena Tynor and Jayden Bruintjies for excellent attitude to learning.</p>

Year 7 News

Parents' Evening for the Year 7s will be on Thursday 3rd July. It begins at 4:15pm and will run until 7pm. All students are expected to attend in full school uniform with a parent/carer. Students can begin making appointments with each of their teachers from any point now. The appointment sheet is found in the back of the Student Journal. **Each parent/carer must confirm attendance via ParentPay by Thursday 19th June.**

If you have any questions, then please do let me know via j.cooper-santos@st-josephs.slough.sch.uk.

Have a lovely weekend.

Mr Cooper-Santos – Head of Year 7

Year 8 News

It has been a great start back from the half-term break, with Year 8 putting their best foot forward for the final half-term of the year. As always, it is imperative that equipment is ready the night before and that bags are packed, ensuring all books and equipment are prepared. Secondly, all homework must be completed.

National School Sports Week is coming up fast, starting on 16th June. Please provide consent as soon as possible via ParentPay for your child to participate in the activities.

Mr Hunt – Head of Year 8

Year 9 News

Welcome back to the final term of Year 9 before the big push into GCSEs in September.

This term, we have lots of exciting events to look forward to, from Awards Evenings to Rewards Trip and of course, Sports Day. For **National Sports Week (starting on 16th June)**, selected Year 9 students will have the opportunity to participate in Rowing at Eton Dorney, VR Hado Dodgeball and Ascot Races.

As we are reaching the end of the year, as a year group there are a lot of X's for equipment, which is vital for lessons. Please can we make sure that all students have the equipment required for their learning. A list of this can be found on page 23 in the journals.

Have a great weekend.

Miss McCormack – Head of Year 9

Year 10 News

Welcome back Year 10, I hope you had a restful and well-deserved break over half term. As we step into the final half term of the year, let's bring a positive attitude, stay focused, and make the most of the time ahead. A **huge congratulations goes out to the GCSE Drama group for their outstanding performances**. Your talent, creativity and dedication truly shone; well done to everyone involved!

Looking ahead, a reminder that **Year 10 PPEs will begin the week commencing Monday 16th June**. This is a great opportunity to practice exam technique and show what you've learned so far. Exam timetables will be handed out today, so make sure you check yours carefully and start preparing early.

Let's make this half term a successful one!

Have a lovely weekend.

Miss Joseph – Head of Year 10

Year 12 News

Revision for exams is now in full swing. **Year 12 exams will run from 16th – 27th June**. These exams will be of paramount importance for determining their predicted grades for next year. We wish all the students every success with their revision. As a welcome break from exam stress, we plan to run a **Year 12 Retreat Day to Worth Abbey** and many students have expressed interest in attending.

Miss Stevens – Head of Year 12

Catholic Confirmation

Congratulations to all the students below from St Joseph's who made their Confirmation last weekend.

Confirmation was celebrated in St Anthony's, St Ethelbert's (with Holy Redeemer Parish and Our Lady of Peace Parish) and Holy Family. We hope you enjoyed your special day in deepening your connection with Christ and by allowing The Holy Spirit to bestow the seven gifts of wisdom, understanding, knowledge, fortitude, counsel, piety, and fear of the Lord – to assist you in your mission and witness.

Carl Lacsamana - yr 7	Pawel Gregorczyk - yr 9
Angel Anamanya - yr 7	Perez Mbidom - yr 9
Tianna Lescott - yr 7	Vittorio Fernando - yr 9
Tamara De Jesus - yr 8	Viktoria Cieslak - yr 9
Canelli Fernandes - yr 8	Seb Vistacion-Davies - yr 9
Jessica Menezes - yr 8	Bianca Lacsamana - yr 9
Matthew Gumarang - yr 8	Oliwia Kozak - yr 10
Zachary Visticion Davies - yr 8	Branson Pereira - yr 10
Ella O' Neill - yr 8	Pheobe Tomar - yr 10
Victor Dobrowolski - yr 9	Angelo Da Silva - yr 10
Julian Kosmala - yr 9	Lena Gaczowska - yr 10
Ksawery Szlezak - yr 9	Chloe DSouza - yr 10
Kacper Smigielski - yr 9	Filip Kozak - yr 10
Neve Cullen - yr 9	Sonia Wiaderek - yr 10
Vaiva Liutkeviciute - yr 9	Chloe D'Souza - yr 10
Edzio Stacey - yr 9	Filip Kozak - yr 10
Sophia Umbao - yr 9	Sonia Wiaderek - yr 10
Daniel Lazarowicz - yr 9	Antwone Peters - yr 11
Erin Langit - yr 9	Vince Lacsamana - yr 11
Joanna Balasa - yr 9	Nathacia Mendonca De Jesus - yr 11
Zofia Warakaska - yr 9	Joel Manalody - yr 12
Marlon Rodrigues - yr 9	Zuzanna Cieslak - yr 12
John Cartwright - yr 9	Camilla Molenda - yr 12
Jessica Lysiak - yr 9	Liam Recio - yr 12
	Alexander Zabski - yr 12

GCSE Polish Prep Elective and Exam-Only Route

Following the successful implementation of the Polish GCSE preparation elective, we are pleased to confirm that we will continue supporting our students in the 2025–2026 academic year.

Please note that only students in Year 10 and Year 11 (current Year 9 and Year 10 students) are eligible to join the elective and/or sit the exams. Applications from students in lower year groups will not be considered at this time.

Important Reminder: The elective is designed for students who are already proficient in the Polish language. Its focus is on exam practice and preparation.

For the elective, students will be split into two groups:

Group 1: September – December

Group 2: January – May half-term

Details of group allocations will be provided in September.

The following table lists the students who have already signed up for either:

- **The Polish GCSE prep elective**
- **The exam-only route** (no elective classes, just the exams in May/June)

Elective group
Hubert Poczesny
Urszula Kaczor
Bartosz Dera
Kacper Smigielski
Patryk Gwozdz
Seweryn Waldemar Dworak
Bruno Valek
David Fedorowicz
Aleksander Sak
Dominika Marczuk
Jakub Telezynski
Jessica Leokadia Lysiak
Zofia Waraksa
Filip Kozluk
Hugo Jadczyzyn
Julian Kosmala
Karol Brzezina

Karolina Ceberek
Ksawery Szlezak
Martyna Kosowska
Matilda Grzeskiewicz
Nicole Hrakalo-Horawska
Nicole Piwko
Oliwier Stadnicki
Pawel Gregorczyk
Szymon Bogacz
Aleksander Chojdak
Bart Targosz
Joanna Balasa
Kevin Paczek
Victor Dobrowolski

Exam only group
Michalina Branska
Natalia Haziak
Tobi Lazik
Antoni Mielcarek

If your child's name is not on either list but you still wish to sign up, please [click here](#) to complete the form.



If your child's name is on the list but they have changed your mind, please contact Mr Kuczynski via Teams.

Deadline for signing up or making changes: Friday 13th June.

After this date, no further applications will be accepted, and students will not be added to the elective for the next academic year.

Science Club

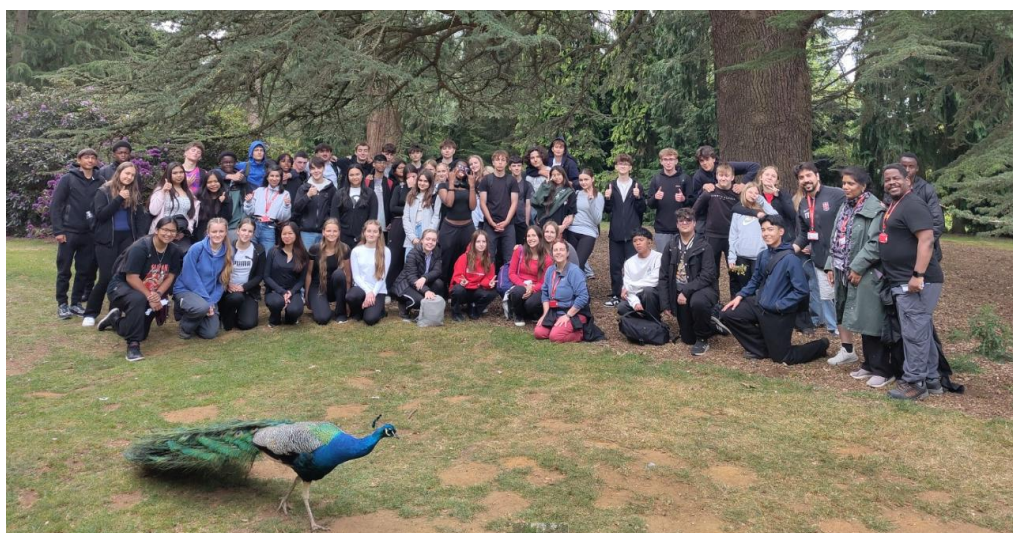
Students had a great time making elephant toothpaste using different catalysts!



Year 10 Biology Trip to Harcourt Arboretum

On Wednesday 4th June, the Year 10 Biology students went on a field trip to Harcourt Arboretum, outside Nuneham Courtenay near Oxford.

The group applied their knowledge of sampling in a wild-flower meadow full of spring blooms and learned the names of several common wild flowers. Pupils were able to explore the grounds, learn more about the rare trees in the collection, and identify ancient relatives of pine trees (Gymnosperms) from around the world. They also had several peacock encounters! The trip had direct relevance to the ecology section of the Biology specification and provided students with depth and breadth of knowledge that will help them in the future.



Water Sports Trip

On Thursday 5th June, a group of our students took part in a communication and team-building morning, run by the Thames Valley Learning Partnership (TVLP), at Dorney Lake, Windsor. The activities were on land and in the Olympic Lake. Students had a great time and encouraged each other to give it their all! They were the *Outdoor Water Techniques* winning team.



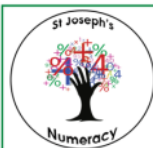
Activities at Slough Museum

Please see below some upcoming Slough Museum based activities:

1. [The Art of Thunderbirds | 7-8 June 2025](#)
2. [Space Themed Summer Workshop](#)
3. [Creative Family Workshops](#)
4. [Summer Camp for School Children aged 5-13 years](#)



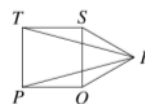
For more information, please visit: [Antz Kidz | Unleash your children's creative power](#) or you can contact the team at Slough Museum by e-mailing info@sloughmuseum.co.uk.



#IcandoMaths

Solution to last Week's Puzzler

E As $PQST$ is a square, $SQ = TS$. Also, as triangle QRS is equilateral, $SQ = SR$. Therefore STR is an isosceles triangle in which $TS = SR$. So $\angle TRS = \angle STR = ((180 - 90 - 60) \div 2) = 15^\circ$. Similarly, $\angle PRQ = 15^\circ$. Hence $\angle PRT = (60 - 2 \times 15)^\circ = 30^\circ$.



Solution to the Break-time Teaser:

$$C \quad \sqrt{2025^2 - 2024 - 2025} = \sqrt{2025(2025 - 1) - 2024} = \sqrt{2025 \times 2024 - 2024} = \sqrt{2024(2025 - 1)} = \sqrt{2024 \times 2024} = 2024.$$

Puzzler of the week

In the grid shown the three non-zero numbers in each row, each column and each diagonal *multiply* to give the same *product*.

What is the value of x ?

	6	
2	x	3

Break-Time Teaser

The 'Penny's Puddings' company uses one tonne of rice to make twenty-five thousand cans of rice pudding. Each tonne of rice contains approximately fifty million grains of rice. Approximately how many grains of rice are there in a can of Penny's rice pudding?

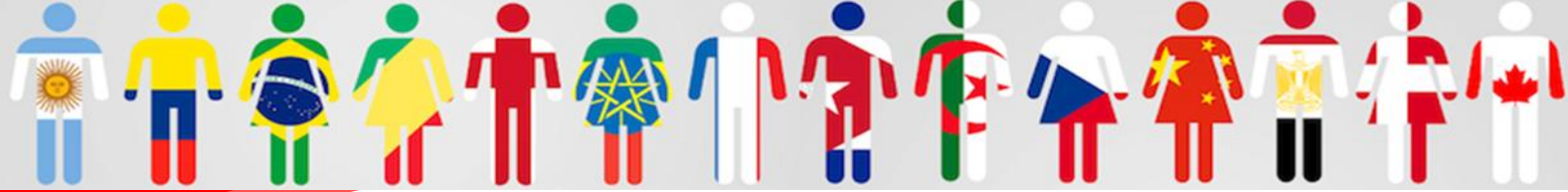
A 200 B 2000 C 5000 D 50 000 E 1 250 000

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.

Menu

<div>WEEKLY MENU</div> <div>St Joseph's Catholic High School - Week One</div>				
Monday	Tuesday	Wednesday	Thursday	Friday
Korean Fried Chicken Burger	Beef Bolognese with Pasta & Parmesan Cheese	Pork Sausages served with Mashed Potatoes	Chicken Enchilada	Oven Baked Fish served with Chips & Tartare Sauce
Sweet Potato & Chickpea Tagine served with Couscous	Quorn Enchilada	Vegetable & Edamame Bean Noodle Stir-Fry	Vegetable Tikka Masala served with Rice & a Poppadom	Bombay Potato Frittata
Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Baked Beans or Mushy Peas
Tomato & Basil Pasta Pot	Red Pesto Pasta Pot	Tuna Pasta Pot	Pasta with a Tomato & Chilli Sauce	-
Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Fillings	Jacket Potato with a Selection of Fillings	Jacket Potato with a Selection of Fillings	-
Chocolate Brownie	Fruit Crumble served with Custard	Iced Vanilla Sponge	Dorset Apple Cake	Salted Caramel Banana Bread

Available daily:
Sandwiches, Wraps & Baguettes, Panini, Jacket Potatoes, Cold Desserts & Fruit



EAL NEWS

(English as an Additional Language)

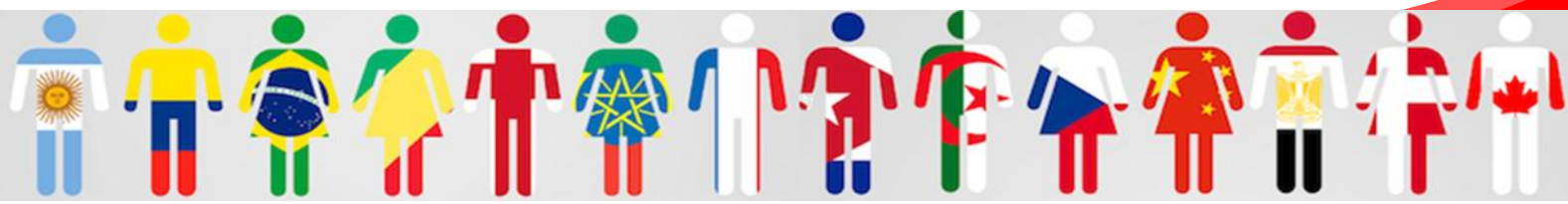


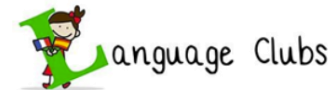
+B

Do You Know?

There are several language apps available that can be useful for **English as an Additional Language (EAL) students**. These apps typically offer a variety of features to improve language skills, including vocabulary building, grammar practice, listening comprehension, and speaking exercises. Here are a few popular language apps that EAL students might find helpful:

1. **Duolingo:** Duolingo is a widely-used language-learning app that offers courses in various languages, including English. It covers vocabulary, grammar, listening, and speaking exercises through interactive lessons and quizzes.
2. **Rosetta Stone:** Rosetta Stone is a well-known language-learning program that provides immersive language courses. It focuses on developing all language skills, including speaking, listening, reading, and writing.
3. **Babbel:** Babbel offers interactive language courses designed for practical, real-life conversations. It includes vocabulary exercises, dialogues, and pronunciation practice.
4. **FluentU:** FluentU is a language-learning platform that uses authentic videos, such as movie trailers, music videos, and news clips, to help improve language skills. It provides interactive subtitles, flashcards, and quizzes to enhance learning.
5. **HelloTalk:** HelloTalk is a language-exchange app that connects language learners with native speakers. EAL students can practice their English skills by chatting with native English speakers and receive corrections and feedback on their language usage.



SCHOOL CLUBS**Languages Department**

Our KS3 French and Spanish students have come back with a lamblike spring in their step, ready for a fun Summer of MFL club activities! We are currently working on a project to present to other students and staff. Come along **Tuesdays Week A at 3:30-4:30pm in T5 with Ms Shaw**. Our aim is to having lots of fun with languages, exploring cultural themes and enjoying existing and new friendships. We are *active, curious and compassionate*!



Love music? Want to learn how to play in a string ensemble? Join Mr Orval on **Tuesdays at 3:15pm** in the **XA room**. Several instruments (violin, viola, cello) are available for new/aspiring members. Contact your music teacher for further details.

Thursday at 8am – **Singing Club** / Friday Afterschool – **Band Jam**

Welcome to Geography Club

Aims
 1) To appreciate nature and its resources.
 2) To create awareness of the environmental problems and adopt various measures to protect the earth.

Geography club meeting will be held every week after school on Friday, 3.30-4.00pm in T-15. Open to year 7 to year 11.

In these sessions we will have geography quizzes, competitions (wealth out of waste, poster competition), paper bag making, creating landform models (volcano, coastal landforms, riverine landforms and glacial landforms) and planting herbs.

PE After School Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 1	Badminton and Basketball	Badminton and Basketball (GCSE students only)	Badminton and Basketball	Badminton and Basketball (GCSE students only)	Badminton and Basketball
Lunch 2	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball
Afterschool	Flag football HMC Tennis JCO Dance HST	Rounders KBR MJO AAN Cricket THU	Athletics JCO THU MJO KBR	Fixtures	

YEAR 7 & YEAR 8 AFTERSCHOOL SCIENCE CLUB

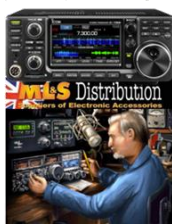
WEDNESDAYS FROM 3:15PM TILL 4PM

Come along and see why Science is so cool!

Led by Mrs. Lionel

**Ham Radio Club**

Most Fridays 15:15-16:15, at the top of the Tower Block,
 An interesting club for everyone.
 For any questions, please message Mr Allinson



Radio Society of Great Britain
 Advancing amateur radio since 1913

**St Joseph's Judo Club**

Official British Judo Club provider – joined with Windsor Judo Club.

Open for Grading and Competition.

Only for St Joseph's students and staff.

Location: Main Hall

Every Wednesday at 3:15-4:15pm with Mr A Romero.