



St Joseph's

CATHOLIC HIGH SCHOOL

Friday, 18 March 2022

NEWSLETTER



Berkshire Schools' Football Association

Massive well done to Seb Stacey, Luca Clark & Harrison Mwangi in Year 11 who represented Berkshire U16 county last night at their football fixture against Dorset (A) in the first South-West Counties League Game. All 3 boys played outstanding with Luca scoring 2 goals and Harrison assisting one of the goals.

Luca nearly scored his hat-trick but came just short by hitting the woodwork!

"Unlocking Belief in All"

FROM THE HEAD TEACHER

Dear Parents and Carers,

Hope you are all safe and well,

My weekly message is in video format. Please do take a listen and let us know what you think, any feedback is welcome.

Please find below the link to our website to view my message:

<https://www.st-josephs.slough.sch.uk/assets/Documents/Letters/20220318-Newsletter-1.m4v>

Have a cracking weekend.

St Joseph, pray for us

Ciran

THEME OF THE WEEK – The Lord is Compassion and Love

The theme for our week is 'The Lord is Compassion and Love' which comes from Psalm...This theme fits well with the message from the Gospel reading from St Luke's Gospel, about the nurturing, care and attention the gardener gives to the fig tree.

We too are like the fig tree, we need nurturing, care and attention but most importantly love, in order to grow and to flourish. It is the Lord who desires this for us, and offers us compassion and love. Jesus is talking about repenting within the Gospel reading, if only we repent and turn back to Him, He is there waiting for us to receive us with open arms. Jesus gives us time and endless chances to return to Him. If we fall, He is waiting there to pick us up, to welcome us back to Him. When we repent and ask for forgiveness, we are given another chance. Jesus never gets tired of giving us another chance, we must always try again and give others another chance too.

Is there anyone you need to forgive?

How can you show mercy to others?

As we continue this journey of Lent, it can be a challenge to keep up our Lent promises, those things we have chosen to fast from during these 40 days. We can ask the Lord to sustain us and to pray for perseverance. There are people too, who we can take inspiration from, especially the saints. One saint we can take great inspiration from is Mary our mother, the mother of Jesus. This week we celebrate the Solemnity of the Annunciation of the Lord, that moment when Mary is greeted by the Angel Gabriel who announces to her that she is going to have a baby, and to name him Jesus. Mary in that moment, a moment of great uncertainty and anxiety says "yes". And from that time and for the rest of her life, she persevered, walked alongside her son Jesus, and continues now interceding with and for us.

Who is it who inspires you? What is it about them that you can take inspiration from?

Reflecting on the theme for this week, think about what your relationship with the Lord is like. Have you felt His compassion and love? Have you spent time listening to Him in stillness and silence? Have you noticed the promptings in your heart and have you had the courage to respond?

The Lord is Compassion and Love

Weekly Reflections
21st March 2022



A reading from St Luke's Gospel
Luke 13:1-9

Now there were some present at that time who told Jesus about the Galileans whose blood Pilate had mixed with their sacrifices. Jesus answered, "Do you think that these Galileans were worse sinners than all the other Galileans because they suffered this way? I tell you, no! But unless you repent, you too will all perish. Or those eighteen who died when the tower in Siloam fell on them—do you think they were guiltier than all the others living in Jerusalem? I tell you, no! But unless you repent, you too will all perish." Then he told this parable: "A man had a fig tree growing in his vineyard, and he went to look for fruit on it but did not find any. So he said to the man who took care of the vineyard, 'For three years now I've been coming to look for fruit on this fig tree and haven't found any. Cut it down! Why should it use up the soil?' "Sir," the man replied, 'leave it alone for one more year, and I'll dig around it and fertilize it. If it bears fruit next year, fine! If not, then cut it down.'"

Prayer for the Week

Lord, bless the week ahead. May its challenges not overwhelm us, circumstances not discourage us, and in all things may we remember you are with us on our journey. Through Christ our Lord. Amen.

Day 1

The Gospel reading this week comes from St Luke, and it sounds a bit harsh in the way Jesus is speaking. But it's the parable that He tells that helps us understand Jesus' teaching. He wants us to repent, to be sorry for our wrong decisions. But we need to not judge others, we too need to be merciful just as God is merciful. The parable is about giving time, another chance. When we repent and ask for forgiveness, we are given another chance. Jesus never gets tired of giving us another chance, we must always try again and give others another chance too. Is there anyone you need to forgive? How can you show mercy to others?

Day 2

'The Lord is Compassion and Love' - This is our theme for the week, as we hear of Jesus' teaching in the Gospel about giving others another chance, the example of the fig tree giving it the love, care and attention it needs to grow. Jesus gives us what we need to grow, His love, care and attention. We need to be open to His love, and to listen to Him carefully. Can you think of an example of someone who has shown compassion and love? How can you be more compassionate and loving to others, especially those who are lonely or feel marginalised?

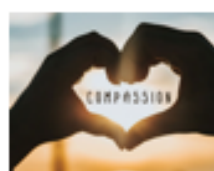
Day 3

The Annunciation of the Lord (25th March)
We celebrate this week the Solemnity of the Annunciation of the Lord. We celebrate the moment of the conception of Jesus, the scene of Mary being visited by Angel Gabriel who announces to her that she is to have a baby. It was quite a surprise for Mary but she trusted in God, and said "yes". Her words were: "I am the Lord's servant...May your word to me be fulfilled." Ask the prayers of Mary today on this great solemnity.
Hail Mary, full of Grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God: pray for us, sinners, now and at the hour of our death. Amen.

Day 4

"Strive with holy perseverance"

As we continue on this journey through Lent, let us pray for 'perseverance' to keep going, to keep up our Lent promises. Simply turn to the Lord and say to Him: "I pray for holy perseverance today. Amen."



Day 5

Jesus, bless what you have given, feed our souls with bread from heaven; guide and lead us all the way, in all that we may do and say. Amen.

HPV VACCINATION – 24th March 2022

The School Immunisation Team will be visiting St Josephs on Thursday 24th March 2022 for the HPV Vaccination. On the day the nurses attend they will be vaccinating Year 8 pupils 1st dose, Year 9 pupils with their 2nd dose of HPV and a small number of Y10s who missed their dose.

*For Y8 - Consent forms are required – these were emailed directly to parents. [DEADLINE is 9am 22nd Mar.](#)

*For Y9/10/11 - Consent forms are not required the nurses will only be vaccinating those who have already completed consent online from their 1st Dose of HPV.

The School Aged Immunisation Team



Ukraine Donations



Thank you to everyone for all your support for Ukraine.

Photo one shows the hall at St Josephs with all our generous donations. We should be tremendously proud of our children and their families.

Photo two shows the various bags collected from the schools and photo three shows the completed sorting and packing process - some 1/3 of the 7 pallet loads of goods were supplied by our schools.

The effort made by the children and their families and staff is incredibly touching. It truly is an expression of solidarity and human charity.



YEAR 7 NEWS

It's been another strong week for our Year 7s with 7V winning their Pizza Party on Tuesday for most positives in the year group, the Year 7 Netball team winning their game 13-5 on Thursday and with the Year group getting 576 Positive points! Keep this up Year 7!

Just wanted to also say a big thank you for parents coming in last week for parents evening, It was lovely to meet so many of you. It was a very successful first parents evening, we very much look forward to future ones also.

Thank you

Mr Cooper-Santos

YEAR 8 NEWS

This week year 8 have been looking at WW1 poetry in English, in Geography hurricanes and storms and in RE Hinduism. Watch out for all the fundraising lent activities over the next week. A big well done to Kara Cullen who has won 8V chocolate for a week.

In the meantime have a great weekend

Mrs Dunleavy

YEAR 10 NEWS

Dear all,

This week has been a busy one, with lots of learning going on. We had a talk during assembly regarding careers in the police this week. If anyone has any further questions please do let me know and I can pass them on.

Congratulations to the following students for winning the weekly chocolate for most positive points:

10C – Ricky Aman

10J – Nikola Niezgoda

10M – Mariska Sicad

10P – Chantelle Chipatiso

10T – Riah Newman-Lake

10V – Kasper Kozak

Well done to the boys football team for their 5-1 win this week.

Have a great weekend.

Mr Robinson

YEAR 12

Another wonderful week in St Jo's. I hope you are using this time of lent to reflect about the journey ahead especially for those who have AS exams in barely two months (35 school days approx.).

Remember the study techniques you have learnt during PSHE time. If you are well organised, I guarantee your stress level will be much lower.

Thank you so much for all the materials donated for Ukranian refugees. It is very impressive and inspiring. They will all arrive soon for the people who need them the most.

Next week we will have House Assemblies. Remember to be on time: line-up is at 8:25 am

PSHE is Friday 25th March P5



Work Experience confirmed: Dates: 10th and 11th March. First session in school, second session will be a conference outside school

Few details I would like to flag: the amount of **lates** is still very high and I believe at this stage of the year, such a number, it is unacceptable and unreasonable. Many times, you have said you would like to be treated as "adults" but the truth is that adults we get fired after 2-3 lates in our job. Please reflect about it and, about the time you must spend later in detention, and you could prevent.

I would like to finish praising Gustaw Ignatowicz, Azariah Thomas and Ellie Levitt for their success this week in their Warhammer and Anime social clubs. I went to see them, and the environment was fantastic and students from lower school were very happy. I hope the news spread and more people will join soon. I attach few photos about both events. Mr Romero

YEAR 13

Only 30 school days left until the first exam! Year 13 need to continue to practice past papers and follow their revision timetables. Every lesson and intervention session is even more important now we are approaching the exams.

Next week is a really exciting time for Brandon and Lee who start their long term placements at the Holiday Inn and Checkout superstore. After so many covid restrictions it great that they now have access to this opportunity. Good luck boys!

Leavers hoodies are available to order via the following link. <https://www.hoodiehut.co.uk/leavers-hoodies/sjchs1322/> The deadline for orders is 1pm on 30th March. Students can personalize the hoodie with their choice of colour, name and initials.

PSHE next week will be on Friday period 5.

Have a great week

Mrs Bray

MUSIC NEWS

Composition Workshop with the Fidelio Trio. (Year 10 Music Students) Royal Holloway University

On Wednesday 16th March, four of our Year 10 GCSE Music students attended the second session of a composition workshop, at The Royal Holloway University. The workshop was led by the Fidelio Trio, a group of musicians who work at the university, perform and record music, as well as conducting a variety of projects with local composers and schools.



Following our first session on 2nd February, our students were tasked with writing a piece of music for the Fidelio Trio, including violin, cello and piano. They would then bring these new works with them to the second session, where the trio would play their music and give feedback on their work, as well as recording the session. All of the students involved worked incredibly hard in their compositions and wrote some amazing music, with the trio bringing these incredible piece of music to life. It was such an incredible experience for them, with their music sounding absolutely wonderful in the chapel of the Royal Holloway University.

The different piece of music our students produced were intricate, exciting and sounded beautiful. I'm extremely proud of all of them.

SCHOOL OF ROCK

FROM 24/3/2022

ARBOUR PARK
SL2 5AY

SLOUGH MUSIC SERVICE
music.service@slough.gov.uk

WHAT TO EXPECT

CHOOSE A REPERTOIRE
Rock, Pop, Funk, Neo-Soul
from RSL/Trinity syllabuses (grade 1-5)
open to all instruments, or work on your original
songs in a band setting

GET TO START YOUR OWN BAND!

4.30PM EVERY THURSDAY

ROCKBAND!

Slough Music Service: School of Rock Workshops

Please see the attached poster regarding the new **School of Rock** workshops, being led by Slough Music service. The workshops will begin next week on Thursday 24th March, from 4.30pm-6.30pm at Arbour Park, and will run every Thursday. Students who are interested can either use vocals or play an instrument and do not have to have taken grade exams. The workshops are free to attend, however those students interested will need to get their parents to complete a permission slip.

If you are interested, please speak to **Miss Ure**.

SCIENCE NEWS

Congratulations to **Adrain Fernandes**, who won 'Commendations' by National British Physics Olympiad for his Experimental Project in the compound pendulum. His research included experimental tables, graphs, data recording and a written report. Thanks

~ Mrs Hameed

PE NEWS

A huge well done to all the students who took part in their GCSE practical moderation on Wednesday. After a few years of limited physical activity and competition outside of school it was lovely to see everybody work and play hard on the field of play. Well done again and now let's work on those theory papers!

~ Miss Rolfe



On Thursday the Year 7 and Year 8 netball team had their last match of the season against Herschel Grammar School. Both teams played exceptionally well and ended their season with a win. Year 7 winning 13-5 and Year 8 winning 12-4. Player of the match was awarded to Natalia Zaworska and Maja Traczyk.

~ Miss Joseph

MFL NEWS

Congratulations to all participants of "La competition des crêpes". Here are the winners:

7M:

1st place: Niko K



2nd place:



3rd place: Jakub O



7T:

1st Lucie C



2nd place Franek KW



3rd place Lena G



Lent Fundraising Fridays

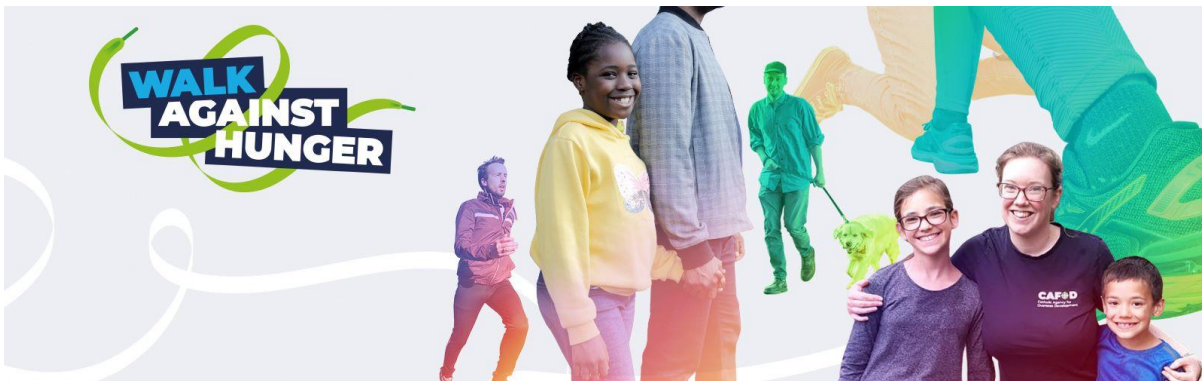


Every Friday lunchtime during Lent, there will be fundraising activities and competitions to raise money for charity. Our 6th Form CAFOD Young Leaders will be taking the lead on these, do get involved!

- **Friday 18th March - TOMBOLA:** Lunchtime (Year 8, 9, 10 – 12:25 & Year 7, 11, 6th Form – 1:25) on the lower playground - 50p a go. Prizes to be won!
- **Friday 25th March - FOOTBALL:** Lunchtime (Year 8, 9, 10 – 12:25 & Year 7, 11, 6th Form – 1:25) on the lower playground - 50p a go. You will be given the drill to learn on the Thursday. You will complete the drill and will be timed on the Friday.
Winners will be those who complete in the fastest time and score the most number of goals. And prizes for winners! See Mr Gibbons for more details.
- **Friday 1st April – HOOPLA:** Lunchtime (Year 8, 9, 10 – 12:25 & Year 7, 11, 6th Form – 1:25) on the lower playground - 50p a go. Prizes to be won!
- **Friday 8th April – KNOCK DOWN THE TINS:** Break-time on the lower playground - 50p a go. Prizes to be won!

Miss Townsend

Walk against Hunger



- **Walk Against Hunger is the only Lent challenge you need.**
- **How many steps can your tutor group achieve during the 40 days of Lent?**
- **Go the distance and help to end malnutrition.**

Why walk against hunger?

We are walking to stamp out hunger. You'll be helping children like Lombeh.

Lombeh, the third child of Amie and Borbor, was malnourished. She was so tiny that a bracelet her mother Amie bought for her at the time now fits round her thumb. Amie and Borbor left no stone unturned to find help, but to no avail. Amie saw a group of new mothers coming along the road, their babies all healthy, and asked where they had come from. They told her about the Sisters. Amie went straight there. Even though they feared there was no hope for little Lombeh, they gave her benny mix – a local weaning food. Lombeh immediately began to improve. Now, aged five, Lombeh is a lively and energetic little girl, who can't believe the stories her mother tells her about when she was a baby.

Follow the link to find out more: <https://walk.cafod.org.uk/about>

How are we going to take part as a school?

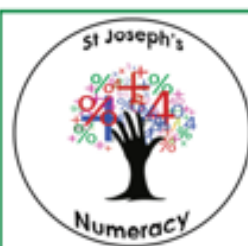
Throughout Lent, each tutor group is going to walk as many steps as possible to raise awareness and money to help the end to hunger. A league table will be created, let's see which tutor group walks the furthest! A JustGiving page has been set up for those sponsoring and donating. All money raised will go to CAFOD.

How will each tutor group keep track of their progress?

Students will track their steps using their step-counter on their phones. At the end of each week, tutors will add up all steps and send the amount to Bethan (Chaplain) to add to the league table.

Friends and family can sponsor and donate via the JustGiving page:

<https://walk.cafod.org.uk/fundraising/lentfundraising>



#IcandoMaths

Solution to last Week's Puzzler

- C The perimeter of each rectangle is $2 \times (3 + 1) \text{ cm} = 8 \text{ cm}$.
 The total perimeter, in cm, of the separate rectangles is therefore $100 \times 8 = 800$. When two rectangles are placed together at a "join" in the pattern, there is an overlap of length 1 cm and the total perimeter is reduced by 2 cm. In the complete pattern there are 99 joins and hence its perimeter, in cm, is $800 - 99 \times 2 = 800 - 198 = 602$.

Solution to the Break time Teaser:

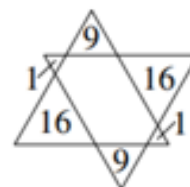
- E Let the output from the function machine be n .
 Then the input is $((n + 10) \times 3 + 10) \times 3 = 3(3n + 30 + 10) = 9n + 120$.
 The smallest positive integer input occurs when $n = 1$. Therefore the smallest possible positive integer which Iris could have input so that the output is also a positive integer is $9 \times 1 + 120 = 129$.

Problem of the week

The diagram shows two congruent equilateral triangles whose overlap is a hexagon. The areas of the smaller triangles, which are also equilateral, are 1, 1, 9, 9, 16 and 16, as shown.

What is the area of the inner hexagon?

- A 68 B 58 C 48 D 38 E 28



Break time Teaser:

The line with equation $y = 2x + 3$ is reflected in the x -axis.

Which of the following is the equation of the new line?

- A $y = 2x - 3$ B $y = -2x + 3$ C $x = 2y + 3$ D $y = \frac{1}{2}x + 3$ E $y = -2x - 3$

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.



INTERESTED IN BECOMING A TEACHER?



START YOUR TEACHER TRAINING JOURNEY NOW

TO APPLY YOU'LL NEED TO BE AN UNDERGRADUATE
STUDYING MATHS, PHYSICS OR COMPUTER SCIENCE

APPLICATIONS DEADLINE: FRIDAY 13TH MAY 2022

CONTACT: MAXINE GILMARTIN
ADMIN@STCAT.CO.UK

WITH TEACHING
INTERNSHIPS, YOU'LL GET
THE OPPORTUNITY TO
EXPERIENCE A RANGE OF
ACTIVITIES TO HELP YOU
GET A FEEL FOR SCHOOL
LIFE

OUR PROGRAMME TAKES
PLACE ACROSS OUR
SECONDARY SCHOOLS IN
AYLESBURY, HIGH
WYCOMBE, SLOUGH AND
LUTON

YOU'LL EARN £300 A WEEK
FOR 3 WEEKS FROM
JUNE 2022

YOU'LL HAVE YOUR OWN
MENTOR AND SHADOW
EXPERIENCED TEACHERS IN
YOUR SUBJECT

YOU'LL ALSO GET THE
CHANCE TO DELIVER YOUR
OWN LESSON TO A SMALL
GROUP OF STUDENTS

PUPIL NOMINATIONS OF THE WEEK

YEAR 7

Krystian Cyran for being Active and Curious in his PE lessons this week and **Liliana Lewandowska** for her excellent contributions to her lessons this week.

Lucie C and Niko K (y7) for winning "La competition des crêpes" in French

YEAR 8

Gabriel Sobala for active and curious
Jason Sobotka for work ethic

YEAR 9

Christian P.E (Y9) for consistent hard work in PSHE

YEAR 10

Amelia Rooney for achieving her target grade in her Child Development exam and **Kasper Kozak** for the highest amount of positive points in the year group.

YEAR 11

Mark Deen and **Isabel Stachura**

YEAR 12

Ivan Martinez and **Denise Oppong**: Highest amount of positive points this week

YEAR 13

Savannah Khan and **Marvin Fotso** for good Oracy.
Lucia M (Y13) for great oracy skills and effort in Spanish.