



St Joseph's Catholic High School Newsletter

Friday 13th June 2025



Year 9 Rowing Success at Dorney Lake

Congratulations to our Year 9 students who took part in an exciting morning of rowing and water skills at Dorney Lake. As part of the event, students tackled a series of mini challenges both on the water and in the training gym, where they put their skills to the test on rowing machines.

The morning concluded with an intense 20-minute team relay, where students aimed to row as far as possible within the time limit. Our team rose to the challenge, securing **1st place** with an impressive distance of **5,018 meters** – a remarkable **170 meters ahead** of the runners-up!

Well done to all students involved for their teamwork, determination, and fantastic performance throughout the morning.

Headteacher Message

Dear Parents/Carers and Students,

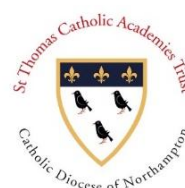
I hope you are all safe and well. Please click on the image below to be directed to this week's Head Teacher Message.



Please like and subscribe to be made aware of all new and exciting St Joseph's content.

St Joseph, pray for us.

Mr Stapleton



"The glory of God is a
human being fully alive!"

The Most Holy Trinity

Weekly Reflections
15th June 2025
11th Week in Ordinary Time



From the Gospel of John 16: 12-15

At that time: Jesus said to his disciples, 'I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. He will glorify me, for he will take what is mine and declare it to you. All that the Father has is mine; therefore I said that he will take what is mine and declare it to you.'

Prayer for the Week

Almighty God.

Loving Father, merciful, good and compassionate continually watching over us; Lord Jesus, flesh of our flesh yet the living image of you and one with the Father; Holy Spirit, source of guidance and inspiration filling our hearts, we worship you.

Amen

Day 1

What three family members did you pick?
How does the love they show you differ from one another?

Day 2

What makes up the 'Holy Trinity'?
In what way has the Trinity being illustrated? How does the Trinity illustrate love?

Day 3

How have you experience the trinity in your life? How can you be **Learned** in explaining the Trinity to others but also **Wise** in showing it through your actions to others this week?

Catholic Social Teaching - Stewardship

"The Lord God took the man and put him in the garden of Eden to till it and keep it." Genesis 2:15. We are guardians of God's creation, living sustainably and enhancing the wellbeing of our planet. Caring for the earth is integral to our task of tackling the scandal of global poverty, vulnerability, inequality, injustice and exclusion. Stewardship is all about caring for the many gifts that God has given to us. These include our environment, our own talents and other resources. The late Pope Francis said "Humanity still has the ability to work together in building our common home" Laudato Si' 13 and "...the world we have received also belongs to those who will follow us."

Laudato Si' 159.

How this half term can you promote Stewardship in all that you do in St Joseph's and society?

Theme of the Week – Most Holy Trinity

On Sunday, we celebrated the Solemnity of 'The Most Holy Trinity' and to help understand the importance, I would like you to think of three family members. You may have in mind, a father, a mother, a sister or a brother. They may be a cousin or grandparent. For some of you, you may have a friend in mind, not family by blood but someone you are so close to that you treat them like family. Your relationship with these people may not be exactly the same i.e. your relationship with your brother is different from the one you have with your mother for instance, but it still shows love, it still is Love! In the same way, the depth of God's relationship with us is indicated by the three persons of the Holy Trinity – the Father, the Son, and the Holy Spirit. And we have come to experience each in different ways, we experience God who not only loves but IS LOVE!

When we think of the relationship we have with Christ, we might take this relationship as to follow His wisdom. Christ leads us to understand that He is, the loving plan that God had for all creation from the very beginning. The Holy Spirit, according to Jesus' promise in the Gospel, will teach his disciples everything they were unable to grasp during his time with them. The love of God binds us through the Father, Jesus and in the Holy Spirit. Belief in the Trinity - one God, Father, Son and Spirit – is one of the central mystery of our faith. St Augustine's beautiful image of the Trinity is a communion of love (the Lover, the Beloved and the Love which exists between them).

Sometimes, words are wholly inadequate to explain the mystery of the Trinity. St Patrick, when bringing Christianity to Ireland used the three-leaf shamrock, the Trinity being all one together but also three different parts. Our experience of God as Father, Son and Spirit enables us to have access to God in a personal way that could so easily be denied to us. What were your earliest ideas about God, and how have these developed as your life has unfolded? How does Jesus embody the love of God for you? Is the Holy Spirit still active in your life and how does it show you love? If you go back to day one and those chosen three relatives. Each one loves you so much but may illustrate this in different ways. How then can we **learn** from the Most Holy Trinity experience of God and be **wise** with this in our relationships with the people and environment close to you?



Pupil Nominations of the Week

<p>Year 7 Max Kopec and Emilia Cinense-Soloducha for excellent weeks.</p>
<p>Year 8 Filip Maslach and Ria Basil</p>
<p>Year 9 Marion Mwangi and Maja Skrzydlewska, as voted for by the Year 9 Tutors.</p>
<p>Year 10 Liliana Lewandowska and Matesuz Szymczak for receiving the most positive points this week.</p>
<p>Year 11 Anna-Emiliya Larionova and Isabel Joyson for achieving the highest number of positive points this week.</p>
<p>Year 12 Cayden Rodrigues and Adrian Konstantyn for their fantastic attitude to learning in their revision sessions for their Resit GCSE English examinations recently.</p>

Year 7 News

A reminder that **Parents' Evening** is quickly approaching, we are only 3 weeks away (**Thursday 3rd July**). Students have begun making appointments with teachers. **Please can we ensure that we have all signed up on ParentPay to attend.** As mentioned last week, the deadline to do so is next Friday. If you have any questions or cannot attend for any reason, then please do let me know via j.cooper-santos@st-josephs.slough.sch.uk.

Have a lovely weekend.

Mr Cooper-Santos – Head of Year 7

Year 8 News

Another fantastic week for Year 8. It has been great to see so many of you competing in the House Competition today.

A reminder that it is National School Sports Week next week. Please check on ParentPay and provide consent if you would like to participate. During PE next week, there will also be Inter-Form Competitions so please bring house tops for these lessons.

Mr Hunt – Head of Year 8

Year 9 News

Next week is National Schools Sports Week, where there will be lots of opportunities available for Year 9 to take part in a range of sports, as shown below; from Girls' Football on Monday, Rowing at Eton Dorney to Jockey Training and a Horse-Riding Simulator on Thursday. I would encourage all students chosen to take this opportunity to try a new sport.

As a plea from home, please can you make sure that your child has all the equipment needed for school and their learning kit (available on page 23 of the journal). I know we are in the final school term of this academic year, however it is still important that students have all their equipment, to give them the best opportunity to learn.

Thank You again.

National School Sport week- Year 9

Day	Event	Timings	Location	Other information
Monday 16 th June	Brentford football Inspirational assembly and Q+A	9-9:45 (period 1)	Main hall	Line up on the quad at 9am.
Monday 16 th June	Brentford Football training session	14:15-15:15 (period 5)	Field	Get changed at lunch.
Tuesday 17 th June	Ascot races	12:30- 3:30	Ascot race course	Get changed at break. Line up outside sports hall at 12:05
Wednesday 18 th June	Jockey training session with British Racing School	10:15-11:45	Drama Room	Start of P2- get changed into PE kit. Supervised break time with HMC.
Thursday 19 th June	Rowing	9:10-12:30	Dorney	Come to school in PE kit. Meet in canteen at 9:10. On return change into uniform.
Friday 20 th June	Hado	14:15-15:15 (period 5)	Main Hall	Get changed at lunch.

Miss McCormack – Head of Year 9

Year 10 News

Starting Monday, Year 10 students will begin their PPEs, running for two weeks. This is a key opportunity to show the progress you've made this year, practice exam techniques, and prepare for the challenges of Year 11. Please make sure you're well rested, organised, and arrive on time with the correct equipment. Give it your best, these exams really count toward building confidence and identifying areas to improve.

The timetable of exams have been shared with students and parents, but please see here for your information:

Next week is National School Sport Week; please check ClassCharts if you have been invited on a trip and ensure you have your PE kit on the correct day.

Good luck to Alex, Noah, Sam and Tymon who are competing in the Berkshire Schools Athletics Competition this weekend!

Have a lovely weekend.

Miss Joseph – Head of Year 10

Date	Time	Year group	Exam	Length
16.06.25	13:00	Year 10	English Literature	2h 15m
17.06.25	08:45	Year 10	Maths 1 (Foundation and Higher)	1h
	13:00	Year 10	Business	1h 45m
17.06.25	13:00	Year 10	Vocational Business	1h 30m
18.06.25	08:45	Year 10	English Language	1h 45m
	13:00	Year 10	Computing 1	1h 30m
18.06.25	13:00	Year 10	Drama	1hr
	08:45	Year 10	Biology: trilogy H	1h 15m
	08:45	Year 10	Biology: trilogy F	1h 15m
19.06.25	08:45	Year 10	Biology: separate	1h 45m
	13:00	Year 10	Geography	1h 30m
19.06.25	13:00	Year 10	History Germany	1h 30m
20.06.25	08:45	Year 10	RE	1h 45m
	13:00	Year 10	Food Preparation (written)	1h 40m
20.06.25	13:00	Both	Catch Up	TBC
	08:45	Year 10	Chemistry: trilogy H	1h 15m
	08:45	Year 10	Chemistry: trilogy F	1h 15m
23.06.25	08:45	Year 10	Chemistry: separate	1h 45m
23.06.25	13:00	Year 10	Child Development	1h 15m
	08:45	Year 10	Spanish Writing: Foundation	1h
	08:45	Year 10	Spanish Writing: Higher	1h 15m
	08:45	Year 10	French Writing: Foundaon	1h
24.06.25	08:45	Year 10	French Writing: Higher	1h 15m
	13:00	Year 10	Music: listening	1h
24.06.25	13:00	Year 10	History Cold War	55m
25.06.25	08:45	Year 10	Design & Technology	2h
26.06.25	08:45	Year 10	Maths 2 (Foundation and Higher)	1h
	13:00	Year 10	Sport BTEC	1h
26.06.25	13:00	Year 10	GCSE PE	1h
	08:45	Year 10	Physics: trilogy H	1h 15m
	08:45	Year 10	Physics: trilogy F	1h 15m
27.06.25	08:45	Year 10	Physics: separate	1h 45m
	13:00	Year 10	iMedia	1h 30m
27.06.25	13:00	Both	Catch Up	TBC

Year 11 News

Dear Year 11 Students and Families,

We are almost there.

As we enter the final stretch of this exam season, I want to take a moment to reflect on what has been a truly remarkable journey. With just one full week left, the vast majority of the hard work is now behind us.

Next week, the only compulsory exam for all students is Physics, which takes place on Monday. After that, only students who study specific subjects will need to return:

- **Monday (Period 3):** Spanish and Music Intervention
- **Tuesday:** Food Technology and Design Technology Intervention.

If your child does not take any of these subjects, they are not required to stay after their Physics exam on Monday. We will confirm specific arrangements individually where needed.

This exam season has been long, tiring, and demanding—as expected. But I have to say this clearly:

Year 11, you have been the most inspiring year group I have ever worked with.

Your maturity, your effort, and your resilience have been extraordinary. You have faced every challenge with grace and strength, and I could not be prouder. You are not just a cohort of students — you are a reminder of what young people are capable of when they are determined and supported.

To parents and carers: thank you from the bottom of my heart. Your constant support and collaboration have made all the difference. This final week marks the end of one chapter — and the beginning of another.

I pray your children's results will reflect their efforts and the journey they've been on. I truly believe they will. Just one more week.

With pride and gratitude,

Mr Romero – Head of Year 11

Year 12 News

This week, Year 12 have been busy preparing for their PPE examinations which will begin next week and run for two weeks. The competition for Head Boy and Head Girl also went into full swing and was fiercely contested with some fabulous speeches delivered in Year 12 Assembly on Tuesday and Staff Training on Thursday by: **Vanessa Anane, Isabelle Byamukama, MJ Visitacion, Ann Kavalakkat, Oskar Belniak, Joel Manalody and Cameron Fyfe**. We wish all of them the very best of luck and are very proud of how they all performed under pressure!

Miss Stevens – Head of Year 12

Sustainability Elective

This term, students in the Sustainability Elective went beyond caring for the environment – they nurtured the human spirit. As part of their studies on community and stewardship, students wrote heartfelt letters to children battling severe illnesses. The goal? To spread joy, offer encouragement and remind these young patients that they are not alone.

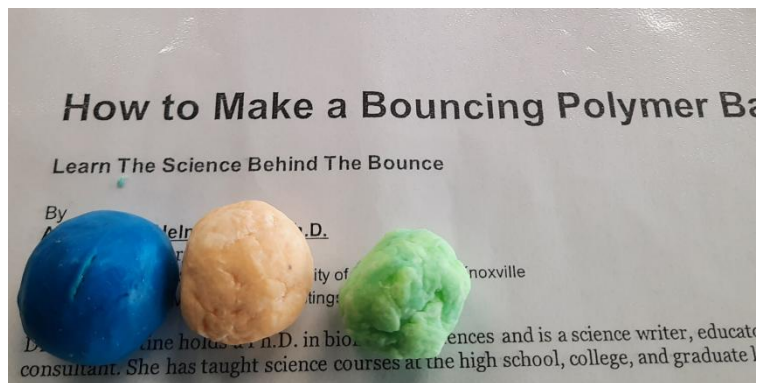
Rooted in *Catholic Social Teaching*, this project reflected the values of *human dignity*, *solidarity* and the *preferential option for the vulnerable*. By reaching out with *compassion and empathy*, our students put faith into action, learning that sustainability isn't just about protecting the planet – it's also about sustaining hope and love in our world.

We're proud of our students for embracing their role as compassionate global citizens and living out our school's mission in such a meaningful way.



Science Club

Students had a wonderful time making bouncy polymer balls in the lab during Science Club.



Year 7 Quad Kids

On Monday, four teams of Year 7 boys and girls competed in an Athletics competitions. Each student had to compete in four different events: howler throw, 100m, 800m and long jump. Out of 11 schools, the boys' teams came 6th and 8th, and the girls teams came 2nd and 4th. **Well done to Bryan, Jacob, Leon, Lorcan, Mitchell, Nathan, Oli, Marcus, Lorena, Eva, Maya, Ella, Shiloh, Alicja, Lisa and Tianna!**



SENCO – Webinars



JULY 2025

Newsletter

FACE delivers online support via zoom for parents across the UK
Talks are 90 minutes long, £24 each or FREE with a school membership code
Book Online at facefamilyadvice.co.uk on the PARENTS page

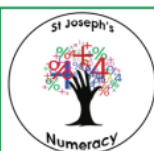


Schools can purchase a
FACE School Annual Membership
which means **ALL** parents and **ALL** staff
get unlimited **FREE** access to **ALL** 16 parent talks

<p>Thursday 31st July 19:00 - 20:00 FREE</p>	 <p style="text-align: center;">Supporting Healthy Screen Use</p> <p style="text-align: center;">Screens are here to stay. Identifying the issues and step by step guide to reduce the negative impact.</p>
<p>Monday 21st July 10:00 - 11:30 £24 recording available</p>	 <p style="text-align: center;">Supporting a Child with ADHD</p> <p style="text-align: center;">Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.</p>
<p>Monday 28th July 10:00 - 11:30 £24 recording available</p>	 <p style="text-align: center;">Facing Defiance</p> <p style="text-align: center;">Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.</p>
<p>Tuesday 29th July 10:00 - 11:30 £24 recording available</p>	 <p style="text-align: center;">Anxiety Based School Avoidance</p> <p style="text-align: center;">Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.</p>

facefamilyadvice.co.uk
info@facefamilyadvice.co.uk

<div style="display: flex; justify-content: space-between; align-items: center;"> <h2>July Timetable</h2> </div> <div style="font-size: 0.8em; margin-top: 5px;"> All sessions delivered live online via zoom £24 each 90 minutes long Book online at facefamilyadvice.co.uk Recordings available for 48 hours </div>	
Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am
Anxiety Explained	8 July 7pm
Raising Self-Esteem	14 July 10am
Supporting Healthy Sleep	14 July 7pm
Decreasing Depression	15 July 10am
Understanding the Teenage Brain	15 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Autism Improving Communication	22 July 10am
Improving Family Communication	22 July 7pm
Facing Defiance	28 July 10am



#IcandoMaths

Solution to last Week's Puzzler

- A Let p, q, r, s, t be missing numbers in the grid, as shown.
Then, comparing the third column with the diagonal running from top right to bottom left: $r \times t \times 3 = r \times 6 \times 2$. So $t = 4$, as r is non-zero.
Comparing the first column with the diagonal running from top left to bottom right: $p \times s \times 2 = p \times 6 \times 3$. So $s = 9$, as p is non-zero.

p	q	r
s	6	t
2	x	3

It can now be deduced that the 'magic' product is $9 \times 6 \times 4$. Therefore, considering the bottom row of the grid: $2 \times x \times 3 = 9 \times 6 \times 4$. Hence $x = 9 \times 4 = 36$.
(It is left as exercise for the reader to complete the square.)

Solution to the Break-time Teaser:

- B The approximate number of grains of rice in a can of Penny's rice pudding is $50\,000\,000 \div 25\,000 = 50\,000 \div 25 = 2000$.

Puzzler of the week

Jill was given a large jar of jam. She gave one sixth of the jam to Jan. Jill then gave one thirteenth of the remaining jam to Jas. Jill was left with 1 kg of jam.
What was the weight, in kg, of the jam in Jill's jar at the start?

- A 1.2 B 1.3 C 1.4 D 1.6 E 1.9

Break-Time Teaser

The sum of the lengths of the three sides of a right-angled triangle is 16 cm. The sum of the squares of the lengths of the three sides of the triangle is 98 cm^2 .
What is the area, in cm^2 , of the triangle?

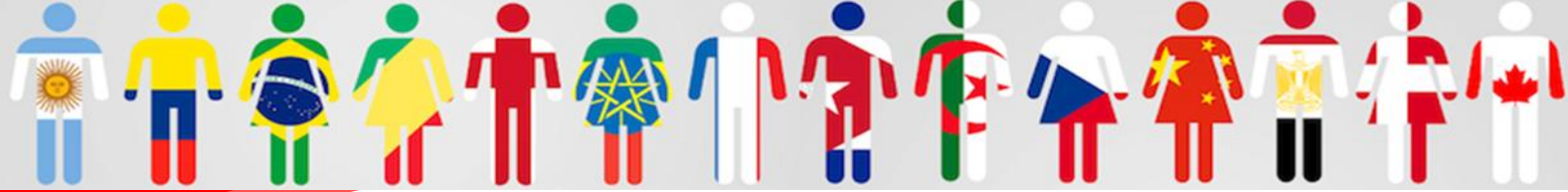
- A 8 B 10 C 12 D 14 E 16

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.

Menu

<div>WEEKLY MENU</div> <div>St Joseph's Catholic High School - Week One</div>				
Monday	Tuesday	Wednesday	Thursday	Friday
Korean Fried Chicken Burger	Beef Bolognese with Pasta & Parmesan Cheese	Pork Sausages served with Mashed Potatoes	Chicken Enchilada	Oven Baked Fish served with Chips & Tartare Sauce
Sweet Potato & Chickpea Tagine served with Couscous	Quorn Enchilada	Vegetable & Edamame Bean Noodle Stir-Fry	Vegetable Tikka Masala served with Rice & a Poppadom	Bombay Potato Frittata
Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Vegetables or Freshly Prepared House Salad	Baked Beans or Mushy Peas
Tomato & Basil Pasta Pot	Red Pesto Pasta Pot	Tuna Pasta Pot	Pasta with a Tomato & Chilli Sauce	-
Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Fillings	Jacket Potato with a Selection of Fillings	Jacket Potato with a Selection of Fillings	-
Chocolate Brownie	Fruit Crumble served with Custard	Iced Vanilla Sponge	Dorset Apple Cake	Salted Caramel Banana Bread

Available daily:
Sandwiches, Wraps & Baguettes, Panini, Jacket Potatoes, Cold Desserts & Fruit



EAL NEWS

(English as an Additional Languages)

Frequently Asked Questions

1. **My English is not very good. Should I speak English with my child?**

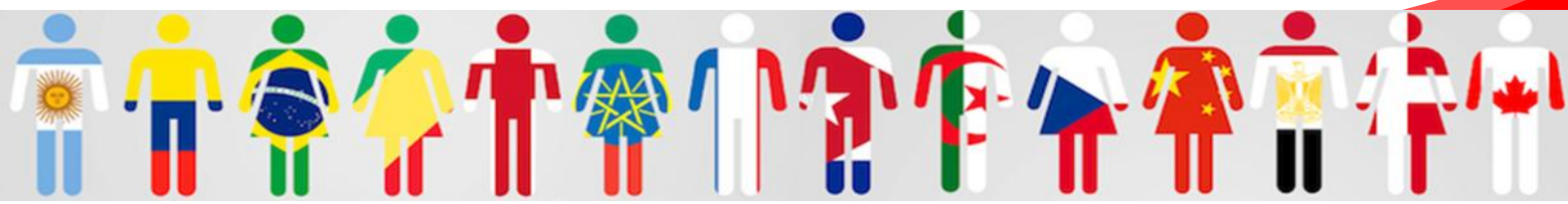
It is better to use your home language because you will provide a good model of the language. Besides, your child has many opportunities to hear English and to use it, outside the home.

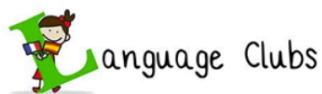
2. **What can I do when my child does not want to use the home language anymore?**

It is normal for children, especially teenagers to want to use English all the time because they want to fit in with their friends. It is not advisable to try to force your child to use a particular language.

3. **What are the advantages of being bilingual?**

- **Thinking power:** Learning and using more than one language can improve creative thinking, problem solving and expression.
- **Culture:** Speaking more than one language means that you experience more than one world: different ways of thinking, ideas and beliefs. The home language is very important for passing on values and traditions and maintaining cultural identity.
- **Language:** Bilingualism creates a better understanding of how language works and can make learning other languages easier.





Languages Department

Our KS3 French and Spanish students are currently working on a project to present to other students and staff. Come along **Tuesdays Week A at 3:30-4:30pm in T5 with Ms Shaw**. Our aim is to have lots of fun with languages, exploring cultural themes and enjoying existing and new friendships. We are *active, curious and compassionate!*

SCHOOL CLUBS

Welcome to Geography Club



Aims

- 1) To appreciate nature and its resources.
- 2) To create awareness of the environmental problems and adopt various measures to protect the earth.

Geography club meeting will be held every week after school on Friday, 3.30-4.00pm in T-15. Open to year 7 to year 11.

In these sessions we will have geography quizzes, competitions (wealth out of waste, poster competition), paper bag making, creating landform models (volcano, coastal landforms, riverine landforms and glacial landforms) and planting herbs.



YEAR 7 & YEAR 8 AFTERSCHOOL SCIENCE CLUB

WEDNESDAYS FROM 3:15PM TILL 4PM

Come along and see why Science is so cool!

Led by
Mrs. Lionel

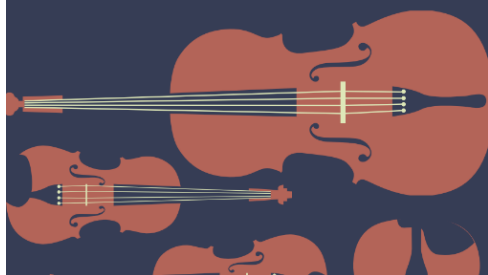


Mr. Orval welcomes you to:

STRINGS CLUB

bowed string
instruments
available

TUESDAYS
3:15-4PM
XA room



Love music? Want to learn how to play in a string ensemble? Join Mr Orval on **Tuesdays at 3:15pm** in the **XA room**. Several instruments (violin, viola, cello) are available for new/aspiring members. Contact your music teacher for further details.

Thursday at 8am – **Singing Club** / Friday Afterschool – **Band Jam**

PE After School Clubs

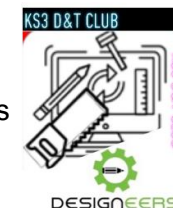


	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 1	Badminton and Basketball	Badminton and Basketball (GCSE students only)	Badminton and Basketball	Badminton and Basketball (GCSE students only)	Badminton and Basketball
Lunch 2	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball	Badminton and Basketball
Afterschool	Flag football HMC Tennis JCO Dance HST	Rounders KBR MJO AAN Cricket THU	Athletics JCO THU MJO KBR	Fixtures	

D+T Club – KS3 DESIGNeers

If you love a challenge, enjoy solving problems and Designing and Making, consider joining our D&T team of DESIGNeers (designers and engineers). We would LOVE for you to join us!

Please see or message **Mrs Stacey** on Teams and join us at DESIGNeers Club on **Mondays afterschool in A3**.



Ham Radio Club

Most Fridays 15:15-16:15, at the top of the Tower Block,
An interesting club for everyone.
For any questions, please message Mr Allinson



Radio Society of Great Britain
Advancing amateur radio since 1913



St Joseph's Judo Club



Official British Judo Club provider – joined with Windsor Judo Club.

Open for Grading and Competition.

Only for St Joseph's students and staff.

Location: Main Hall

Every Wednesday at 3:15-4:15pm with Mr A Romero.