

# ST JOSEPH'S NEWSLETTER



# From The Head Teacher

Dear Parents and Carers,

We'd like to say thank you for all your support over this half term. We've had to move nimbly to respond to the changeable circumstances - not least of all today where what we believe was a minor power cut caused the internet server to misalign (and everything that relies on it to operate) which then needed to be rebooted – which isn't a quick affair as it knocked out our printers and connected devices within the school causing us to close the site to students today. It is not without irony and a sign of the times that students were able to receive their lessons from home but not from the school site.

Some exciting news in that as a school we're in a position to be able to look for:

**Deputy Head Teacher:** The Board of Directors were keen to maintain the historical structure of 2 Deputies because that's where the future of Catholic Headship comes from. We've been successful in moving people into these positions and so long as we get the right person, we'll work to this end in appointing a second Deputy.

**Assistant Head Teacher:** Additionally, there's a position open for a Senior Leadership role as Assistant Head teacher in the school to start from September 2021.

### Year 11 & 13 PPE2

Will be ready to collect from Monday. Mr Dann's assembly to Years 11&13 on the issues of how to go about this is available on teams for the students to review if need be.

And finally....

Have a great half term. We'll be back on line on the 22<sup>nd</sup> and look forward to seeing the students on screen.

St Joseph, pray for us.

Ciran Stapleton

### Dear Parents and Guardians

As this half term draws to a close, I'd like to thank you all on behalf of everyone at school for your ongoing support and the huge effort that you have put into helping the children continue their learning under what has been a challenging time for everybody. I sincerely hope that the week ahead provides you with some respite from the rigours of the last six.

When I wrote to you a few weeks ago following your questionnaire responses, I promised that we would keep learning and teaching under continual review in order to keep things moving forward and 'fresh' for the students. Alongside developing skills in the new educational software and the variety of apps which staff have been learning and increasingly using in class and the forthcoming launch of Show My Homework, I wanted to alert you that after half term we are also going to be moving to a **'cameras on'** mode in lessons. As I know many of you already appreciate - from your feedback, comments and requests for this - student participation and engagement are harder to gauge than simple attendance within any lesson where cameras are off, as well as any opportunities for distraction. With the end of the current lockdown conditions uncertain (at the time of writing this) it's really important that we help create the conditions where the students continue to give of their best and that the teaching staff can support them most effectively.

In addition to Miss Cheston's online safeguarding documents attached this week, I would also like to draw your attention to a few other points and request your help relating to working with cameras on:

Please:

- Ensure that your child and other household members who may be present in the house are appropriately dressed.
- Be aware that all lessons are recorded for review purposes if need be.
- Wherever possible, provide an appropriate location in the house to be used for students on video lessons.
- Ensure that your child uses the 'Blur Background' function in Microsoft Teams.
- Be reassured that staff will only communicate through approved platforms provided by the school itself.

We will retain the 45 minute length of classes and continue to explore ways to make this time even more effective but, as always, we will be praying for as swift a return to school for all as possible!

Many thanks again and can I take this opportunity to wish you and your families a happy, healthy and warmer half-term week.

Best wishes

Al Nicol

# <u>Theme of the Week – Real Temptation</u>

On Wednesday, we begin the season of Lent. A very special period in our liturgical year. Our world has death, resurrection and renewal at its very core, continuous change is a part of its nature.

Lent is a celebration of change, of renewing and reviewing, of turning over a new leaf. A time to turn away from our idols, our preoccupations, our crutches, anything that we have become accustomed to using as props and supports, and turn back to God.

This week's Gospel reminds us of when Jesus was tempted by the devil. Jesus was offered everything that the world could possibly give! Satan tried everything to tempt Jesus into giving up His godliness. Yet Jesus knew His heart was secure with God and was able to say 'no'.

### What temptations are you facing right now?

### Ask God to help you say 'no', and instead, look to Him.

Practise acts of charity this Lent, ignore the distractions and focus on a life with God. Talk to someone about where you are in your spiritual life, and do this regularly over the season of Lent.

### What do you think Jesus wants us to change in our lives?

How can we show that we believe in Jesus?

What is the Good News that Jesus asks us to believe in?

All of us can change for the better. But it doesn't happen overnight, and it isn't always easy. Keep asking for God's help. Remember God's agreement with us: that we will not be abandoned. Lent is a special time where we make a special effort to change our lives in a positive way.

# Centre Assessments for Year 11 and 13

After half term Year 11 and 13 will be completing centre assessments at home for all subjects, Starting in the afternoon 22<sup>nd</sup> February for three weeks. A timetable of these centre assessments is being sent out separately. In addition to the timetable, there will also be a letter for Year 11 and 13 outlining the logistics of how papers will be collected and returned to school as well as guidance and expectations for students and parents of how these assessments are to be sat at home. Please can I ask that all parents of Year 11 and 13 read these. An assembly led by Mr Dann for Year 11 and Mr Clark for Year 13 were held last week which further outlined details and addressed any questions raised. If you have any questions regarding these assessments, please can you contact your child's form tutor or Head of Year.

# <u>Year 7 – 10 Assessments</u>

Students in Year 7-10 have completed their class assignments 3 and 4 for all subjects on Microsoft Teams. We hope that your son/daughter will be able to complete their next assessment in school on their return which will then be combined with their class assignments 3 and 4 to indicate their progress during lockdown. However, in the event that we do not return, we will conduct these assessments online. A report will then be issued to parents after the Easter holidays outlining your son/daughter's progress.

# Year 12 – Exam Assessment

We hope that your son/daughter will be able to do their next assessment in school on their return. This will indicate their progress during lockdown. However, in the event that we do not return we will conduct these online. A report will then be issued to parents after the Easter holidays outlining your son/daughter's progress.

# Show my Homework

Homework is an essential tool for our students to achieve their full potential. We have also listened to feedback from you that it is often difficult for you to get the necessary information about what homework had been set or when it is due from your children.



For these reasons, we are excited to be launching Show My Homework, an online tool to help you keep track of your child's homework. The Show My Homework app will allow you

to help you keep track of your child's homework. The Show My Homework app will allow you to see the details of the tasks your child has been set, when they are due and if your child has completed the task. You can also opt to receive automated notifications before homework is due.

We are launching this programme after half term, week beginning 22<sup>nd</sup> February. All students will have an assembly and tutor time dedicated to getting on to their accounts. During that week you will be provided with instructions showing you how to make your personal account, including a code which links to your child/children's accounts. There is nothing you need to do immediately, this is just to make you aware of the new programme.

**Miss Paines** 

# Year 7 News

Well we made it to half term and I have to give a shout out to the following pupils who have been nominated for their hard work during lockdown:

	71		
Science	7J	7P	
	Jessica R	Oliwia	
	Arabella	Maryanne	
	Benedito	Franick	
	Amelia	Alicia	
	Oskar		
	Harry A	Julia L	
	Sara P	Julia M	
	Daya	Simona	
	Anika		
	Emily	7T	
	Michaela	Luca	
	Harry O	Nathan	
		Nathan	
	7V		
	Max		
	Rosa		
	Adriel		
Spanish	Adriel Dias and Ros	a larratt	
эранын	Autiel Dias allu KOS	a Janell	
Computing	Luca Mays and Nathan James		
RE	7P	7M	
	Szymona	Jennifer F	
	Diya		
	Alicia	Albie	
	Maryanne	David B	
	Simona	Tydus	
	Esi	Nadia	
	Kye	Michelle	
	Gabriel	Wiktoria J	
	Oliwia C	Jayden S	
	Adam	Natalia	
	Audin		
		Jess	
Drama	7C	7T	
	Emilia	Rosa	
	Nysa		
	Roksanna	Tyreese	
	Anushka	Nathan	
	Zac	Ariyana	
	Mia	Luca	
	Wiktoria R	Cameron	
PE	Marcus Chodoruk		
Music	Romain Janot and Wiktoria Rygielski		
Link	Luca Mays		

### Friday 12<sup>th</sup> February 2021

#### **Epraise**

Top students	This week	Tutor groups
1. 🌢 Alexander Homot (7 Mark) (666)	1. 🌒 Oliwia Chmielowiec (7 Peter) (90)	1. 7 Teresa (8371)
2. 😑 Nathan James (7 Teresa) (534)	2. 🌒 Gabriela Majewska (7 Teresa) (70)	2. 7 Peter (7513)
3. 🌘 Franciszek Hermanowski (7 Peter) (497)	3. 🌻 Jessica Roff (7 Jerome) (65)	3. 7 Mark (7159)
4. 🌒 Yurand Kwiatkowski (7 Mark) (494)	3. 🌒 Benedito Quadros (7 Jerome) (65)	4. 7 Veronica (6676)
5. 🌘 Vince Lacsamana (7 Veronica) (471)	3. 🌒 Liza Pereira (7 Jerome) (65)	5. 7 Cecilia (5811)
6. 🏮 Darragh O'Connor (7 Teresa) (466)	6. 🌒 Adriel Dias (7 Veronica) (60)	6. 7 Jerome (5754)
7. 🏮 Kieran Mugume (7 Mark) (463)	6. 🌒 Matthew Reis (7 Jerome) (60)	
8. 🌒 Nicola Drabik (7 Teresa) (457)	8. 🌒 Oliver Bathke (7 Teresa) (55)	
9. 🏮 Nadia Ankiewicz-Heetun (7 Mark) (448)	9. 🌒 Maryanne Rojas (7 Peter) (47)	
10. 🌒 Matthew Reis (7 Jerome) (447)	10. 😑 Arabela Catilo (7 Jerome) (45)	

Please make sure that you have a well-deserved rest next week and take time off screen to do other things like walking, exercising and cooking. Remember I love seeing photos of you all and what you are getting up to.

Stay safe.

Mrs Dunleavy

## Year 8 News

Dear Year 8,

Well, we made it! Congratulations to all of you and your parents for making it through this half term with such resilience and enthusiasm. So many of you have pushed and challenged yourselves and it has been so fantastic to observe. You should all be really proud of yourselves.

I just wanted to share with you this fantastic entry to our most recent Everest League Challenge: Pasta-Tech! Igor from 8 Jerome created the Holy Family Church out of pasta, how fantastic is this!



Please have a restful half term, get some sunshine and fresh air and look after yourselves. I am so looking forward to our next half term because I'm hopeful we will see each other really soon. If you haven't already, this half term would be a great opportunity for you to check in with your school friends or family members that you haven't spoken to in a while. Ask how they're getting on and spread your St Joseph's love and kindness.

See you soon!

Miss WD

# Year 10 News

Half term week ahead of us so turn off the laptops and phones, get outside and go for long walks or jump on your bikes and enjoy the daylight and if we're lucky a bit of sun on our faces.

Use this week to communicate with friends without IT, maybe give them a good old fashioned phone call or write a letter to a family member you haven't been in touch with recently.

Watch some films and relax with the family as you deserve a break from your studies. Do however make sure you use this time to get organised, clean your room, clear out anything you don't need, get your work space and books ready for our return to online lessons on February 22<sup>nd</sup>.

A huge well done to all of you as it has been a full on 6 weeks and I am so proud of all of you for the excellent standards you have maintained and the levels of engagement during your online lessons.

A big shout out to the following students who have been nominated by their subject and form teachers for going above and beyond this half term:

Adrianna	Wroblewska	COMPUTING	SCIENCE		
Danica	Amon	ART	MFL	ENG	DEBATING MENTOR
Caitlin	Ellis-Callow	FOOD	ENG	MFL	DRAMA
Megan	Cobb	RE	ART	KINDNESS	MATHS
Tilly	Harcup	FOOD	FORM	ENG	RE
Eugenia	Fernandes	MFL	ENG	COMPUTING	
Donnique	Ngugi	ENG	PE	MFL	
Christopher	Boyle	DEBATING MENTOR	MFL		
Matteo	Ramsay-Scuderi	MATHS	SCIENCE	MUSIC	
Michelle	Anwar	ENG	MFL	RE	
Natalia	Homot	ENG	ART	ART	
Ava	Sharp	PE	ENG	ENG	
India	Jackson	SCIENCE	MATHS	MATHS	
Rhys	Wilder	SCIENCE	MATHS		
Alana	Shiel	ENG	MFL	MFL	
Bobby	Kadiri	ENG	MFL		

Lola	Crossley	ENG	MFL		
Daisy	Loft	FOOD	MFL		
Seb	Stacey	PE	PE MFL		
Ketziah	Sudhagar	MFL	SCIENCE		
Anna	Czajkowska	ART			
Elisha	Morris	COMPUTING			
Steven	Anamanya	DRAMA			
Alexander	Kulczykowski	ENG			
Aron	Misiak	ENG			
Freya	Rathmill	ENG			
Isabel	Stachura	ENG			
James	Chalklen	ENG			
Maddie	Woodley	ENG			
Megan	Shea	ENG			
Nichole	Osei-Agyarko	ENG			
Lahnee	Galloway	FOOD			
Chiadi	Emekwuo	FORM			
Emerald	Cardoso	FORM			
Zuzanna	Slomczewska	FORM			
Cameron	Martin	GEOG			
Clinton	Njoku	INDEPENDENT LEARNING			
Isabelle	O'Sullivan	MATHS			
Kaitlin	Titterrell	MATHS			
Jayson	Fernandes	MFL			
Natalia	Malczewska	MFL			
Ola	Olejnicka	MFL			
Reuben	Jaques	MFL			
Tymon	Jablonski	MFL			
Victoria	Sobala	MFL			
Aliyu	Mahmud	MUSIC			
Jakub	Brukalo	MUSIC			
Olivier	Lydzinski	MUSIC			

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Vollan	Vaz	MUSIC		
Maria	Odindo	PE		
Zack	Munro	PE		
Matylda	Labuz	RE		
Max	Ishchuk	RE		
Natalia	Kochanowska	SCIENCE		

Thank you to Michelle Anwar who sent me this beautiful poem reflecting on her memories of Pakistan.

A summer morning in Pakistan Written by Michelle Asif Anwar. It was the summer of twenty-nineteen, my friend Dua and I, were sat at the balcony watching the beautiful scene, we were watching the breath-taking sunnise, and how it stared back at us, deeply into our eyes. we held our warm chai's in our hands, whilst beaming our eyes at Pakistan's gorgeous lands the wind was hitting us softly, and we let our duparta's fly delicately, we could smell the faintness of bakqhoor, and how Dua and I my obsession grew Stronger with this morning. Our fitoor.

### Congratulations to our top ten epraise students:

#### Top students

- 1. 🌒 Megan Cobb (10 Cecilia) (435)
- 2. 🌒 Daisy Loft (10 Teresa) (401)
- 3. 🌒 Matteo Ramsay-Scuderi (10 Jerome) (365)
- 3. 🌒 Natalia Kochanowska (10 Mark) (365)
- 5. 🛑 Maddie Woodley (10 Peter) (298)
- 5. 🛑 Dominic Witkowski (10 Jerome) (298)
- 7. 😑 Alfie Mewett (10 Mark) (279)
- 8. 单 Emerald Cardoso (10 Veronic) (262)
- 9. 🛑 Megan Shea (10 Peter) (252)
- 10. 🛑 Michelle Arzoo (10 Peter) (250)

### **Miss Cheston**

#### This week

- 1. 🔴 Emerald Cardoso (10 Veronic) (90)
- 2. 🌒 Megan Cobb (10 Cecilia) (47)
- 3. 🌒 Natalia Kochanowska (10 Mark) (41)
- 4. 🔶 James Chalklen (10 Teresa) (35)
- 4. 🛑 Lola Crossley (10 Teresa) (35)
- 4. 🛑 Caitlin Ellis-Callow (10 Teresa) (35)
- 4. 🔶 Sheryl Fernandes (10 Teresa) (35)
- 4. 🛑 Joshua Forman (10 Teresa) (35)
- 4. 🛑 Alexander Kulczykowski (10 Teresa) (35)
- 4. 🌒 Daisy Loft (10 Teresa) (35)

#### Tutor groups

- 1. 10 Jerome (4187)
- 2. 10 Teresa (4174)
- 3. 10 Peter (3965)
- 4. 10 Veronic (3806)
- 5. 10 Cecilia (3046)
- 6. 10 Mark (2557)

# Year 11 News

Dear Year 11,

We did it! We made it through a whole half term of online learning and I am so proud of all the hard work you have put it. We have taken all the obstacles thrown at us in our stride and we are in a really good position to get some excellent grades in the exams you will be sitting after half term. This week saw us have PSHE with Britney Cleary from Adviza who gave some terrific information regarding apprenticeships. If you need any further information on that do not hesitate to ask.

Over half term it is really important that you get some time away from the screen but do make sure that you are revising accordingly. You should have a timetable in place so you are best prepared for all subjects and have enough time to revise each of them. If you need any help, please contact your mentor, tutor or myself.

Have a very restful half term, Year 11, and I look forward to hopefully seeing you all in person again after the break!

Stay Safe, Stay Excellent.

Mr Oakley

# Sixth Form News

### Apprenticeships Talk for Parents – 3<sup>rd</sup> March

The school will be holding an apprenticeships talk for parents and guardians (of all year groups) on the 3<sup>rd</sup> March at 6pm. It will be virtual and will be no longer than 30 minutes. This will provide parents and guardians with information for apprenticeships for their children but also an opportunity to have your questions answered. Please express interest via the following link as well as submitting any questions you would like to be addressed in the talk:

https://forms.office.com/Pages/ResponsePage.aspx?id=nRr-BijQTU2WCf5rTXAvSRiBf91E8yd-FijDy7Q9ytuJUQkFVM1Q5VFhGOERLWVkwT01NQ0szUzdKSC4u

### Sixth Form Revision and Student Resources

This is a repeat of a message from last week but is particularly relevant advice and guidance with the Centre Assessments coming up.

In order to support students and parents with revision and home/remote learning, we have created a dedicated page with resources, support and guidance as to how to get the most out of sixth form education. You will find it here: <a href="https://www.st-josephs.slough.sch.uk/sixth-form/about-us/revision-and-student-resources/">https://www.st-josephs.slough.sch.uk/sixth-form/about-us/revision-and-student-resources/</a>

### Kooth Sixth Form Assembly – Wellbeing Page on our Sixth Form website

This week, Kooth did an assembly for the entire sixth form on wellbeing. Kooth are an online mental wellbeing community who provide free and safe support for all adolescents. See <u>https://www.kooth.com/</u> for further information. I have uploaded their information and guidance onto our wellbeing page on the sixth form website, which you can find here: <u>https://www.st-josephs.slough.sch.uk/sixth-form/about-us/wellbeing/</u>

I will endeavour to populate this page with more resources to support our sixth former's wellbeing.

Mr Clark

### <u>Year 12</u>

This week marks national apprenticeships week. There has been plenty of opportunities to find out more about apprenticeships; from the UCAS apprenticeships fair, to live exhibitions, CV writing and information on interview techniques. All students should be informed about the different levels of apprenticeship, courses, requirements and how to apply. If you are interested in any of these opportunities and need any further support, please get in contact with myself or your form tutors.

On Monday morning students received an assembly from a Kooth advisor. This was very useful and insightful. Students were made aware of the aims of Kooth in helping to support young people's wellbeing and mental health. Please find the link to the website here if you need further support <u>https://www.kooth.com/</u>. If you are worried about your mental health or wellbeing remember that myself, all of your teachers and form tutors are also here to support you.

Your resilience and perseverance during this difficult time has been exceptional. This week in particular I have received so many positive emails from your teachers with feedback. Your work and contributions to lessons has been amazing so keep it up. Each week it is so difficult to choose just two of you for student of the week. A Special mention to the students below for their efforts this half term. You were all nominated but two names came up several times for their persistent hard work and contributions. Well done Sylwia and Patryk W. Keep up the great work everyone.



I hope you have a relaxing and restful half term. Take a break and enjoy some screen free time. Stay safe and I will hopefully see you all very soon.

Mrs Bray

### <u>Year 13</u>

This week kicked off with an assembly by Kooth- an organisation aiming to support students with their wellbeing and mental health. If you are worried about your mental health, then please remember that teachers and staff are always here to support you but if you would prefer some support outside of school please use this link <a href="https://www.kooth.com">https://www.kooth.com</a>.

Also, this week we have been marking National Apprenticeships week by exploring a variety of opportunities for our Year 13's to find out more about apprenticeships- UCAS apprenticeships fair, live exhibitions, CV writing and interview preparation. Students also had an assembly on Thursday afternoon delivered by a representative from ASK apprenticeships, which explored the difference between going to university and instead choosing an

apprenticeship. More information on this to follow but if you haven't already done so please make your interest known to Mr Matthews.

After half term, Year 13 have Centre Assessments (formerly PPE's) beginning on Monday 22<sup>nd</sup> February and running through to Friday 12<sup>th</sup> March. Please see the timetable attached to see the exact timing of exams. Students are expected to come into school every Monday to collect (and return) their exam papers at the following times:

House	Monday 22 <sup>nd</sup> February –	Monday 1 <sup>st</sup> March –		
	Collection time of assessments	Return of completed assessments		
Cecilia House	8.00am – 8.30am	8.00am – 8.30am		
Peter House	8.30am – 9.00am	8.30am – 9.00am		
Jerome House	9.00am – 9.30am	9.00am – 9.30am		
Teresa House	9.30am – 10.00am	9.30am – 10.00am		
Mark House	10.00am – 10.30am	10.00am – 10.30am		
Veronica House	10.30am – 11.00am	10.30am – 11.00am		
Joseph House	11.00am – 11.30am	11.00am – 11.30am		

Students are then expected to join a call on MS Teams at the start time of their exam so that they can be marked as present. The following subjects have exams week beginning 22<sup>nd</sup> February and therefore students will have to collect papers for: BTEC sports, Law, Geography, Business Studies, History, French, Spanish, Chemistry, English Language, English Literature, Economics, Computer Science, English and Maths GCSE resits and Maths.

Thanks.

Mr Matthews





### We're on Instagram

We are launching @StJosephsMFL on Instagram!!

Please follow us for weekly facts, challenges, recommended songs, shows etc.

### Idiom of the week

In advance of next week's break 🕄

*Faire la grasse matinée* to have a lie in

Until medieval times, the expression reflected the "thickness" of the sleep, if something was thick or deep, it would be called fat (*gras(se)*) so if someone slept late, this was called a "fat (=deep) sleep".

The idea of "fattening" oneself by staying in bed (instead of being more active!) substituted itself later on, around the Renaissance and to this day this is what the idiom means.

Have a lovely week off!

Bonnes vacances - Disfrutad de las vacaciones

# Art News

Image created by Edina Vinojan, 9V. It is a photographic interpretation of Leonardo Da Vinci's Last Supper. The task was to do a photo response to a famous painting with Christian themes by using the same composition (arrangement of elements) as the original. By using food as props instead of people!







### **PSHE News**

Please see below for the dates for PSHE sessions after half-term:

Thursday February 25<sup>th</sup> P5 Friday March 5<sup>th</sup> P1 Friday March 12<sup>th</sup> P3 Friday March 19<sup>th</sup> P3 Friday March 26<sup>th</sup> P5

There is no expectation for Year 11 or Year 13 students to attend PSHE lessons during the 3 week centre assessment window ( $22^{nd}$  Feb –  $12^{th}$  Mar) to allow students to focus on revision and assessments.

### Year 11 and Sixth Form Students – Counselling Support

We have been given an opportunity to be able to provide some professional counselling support for Year 11 and Sixth Form students. Number 22 is a voluntary organisation who work across Windsor, Maidenhead and Slough to provide support to young people in the local area. They have kindly offered some group sessions to support our students in these challenging times. Please see the leaflets attached for more information.

If you are interested in attending a group session please complete the online form by clicking on the link below:

https://forms.office.com/Pages/ResponsePage.aspx?id=nRr-BijQTU2WCf5rTXAvSV2jTnuSZpRAsh\_80\_aPTsZUQ0tUTjhUUVYzSTMxNEZNVFBLTzk0Ukk3Si4u

Mrs Finn, Head of PSHE

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# Design and Technology Department

### Year 7

Approaching the end of the development stage our Year 7s have impressed us with their work this week, considering small changes they could make and alternative ways of manufacturing. This work by Rosa Bavington was particularly great. We hope to share some finished mini Year 7s in the weeks after half term.



### Year 8

Pancakes all round! Lessons this week have been a little tricky as we have had to battle with rumbling stomachs while discussing tasty cakes and cake making methods. Some Year 8s have enjoyed the optional make a pancake and really impressed us with the effort, enthusiasm and creativity they have shown! These are by Kasey Woolley and Gianina Lica.







### Year 9

Year 9 designers have been working 'biomimicry' or Inspired by nature. Grace has designed a particularly interessssssting light.



### Year 10

### Something for half term...

A little reminder about the Great Berkshire Bake Off competition being hosted by the Thames Valley Learning Partnership.....

Perhaps something to consider over half term?

The theme is SPRING.

We are really looking forward to seeing what you produce please share your entries with the DT team for guaranteed ePraise points.



EMAIL YOUR ENTRIES TO INFO@TVLP.ORG.UK By 10am on Friday 26th February 2021.

Open to students from Beechwood School, Eton College, Holyport College, The Langley Academy, Slough & Eton C of E Business & Enterprise College, St Josephrs Catholic High Schoo St Marys School Ascot, and The Windsor Boys' School. For further information, go to trip.org.uk/competitions

### DT CHALLENGE

We are on Instagram and we welcome you to get involved and participate..... share your positivity creations with us, and your answers to this weeks **What is it? #Whatizzit** 

Can you identify the mystery item?









### Solution to last Week's Puzzler

C The diagram shows the original diagram shaded as on a chess board. Note that as the counter starts on an unshaded cell then, in whichever line it is reflected, one reflection will move it into a shaded cell. Similarly, a second reflection will move the counter from a shaded cell into an unshaded cell. Finally, a third reflection will move the counter from an unshaded cell into a shaded cell. It is left to the reader to show that it is possible to reach each of the shaded cells in precisely three reflections . Hence the number of cells the counter could occupy after three moves is equal to the number of shaded cells, that is 8.



### Solution to the Break time Teaser:

**E** First note that the triangular numbers less than 20 are 1, 3, 6, 10, 15. As we are looking for a sequence of consecutive integers which are respectively prime, even, and triangular, the required

triangular number is odd. So it is 3 or 15. It is not 3 as 1 is not prime, but it is 15 as 13 is prime. So the required product =  $13 \times 14 \times 15 = 2730$ .

Well done and epraise awards to Nicola Szuba (8V) and Emerald Cardozo (10V) for correct answers to both the Challenge and the break time teaser.

### Problem of the week

The diagram shows a large square divided into squares of three different sizes. What percentage of the large square is shaded?							
A 61% B 59% C 57% D 55% E 53%							
<u>Break ti</u>	Break time Teaser:						

The day before the day before yesterday was two days after the day before my birthday. Today is Thursday. On what day was my birthday?

A Sunday B Monday

C Tuesday D Wednesday

E Friday

Send your answers to Mr Allinson. The first full complete answer will get epraise points and a prize.

### **Science News**

With all this extra time at home, why not expand your general knowledge with some fascinating science?

Each week, the science department will be recommending for you something to watch/read/listen to.

**Something to watch**: Babies available on Netflix - covering the science of bonding, the learning of language and the importance of sleep, as well as the age-old question of nature vs nurture.

**Something to watch:** One Strange Rock available on Disney+ - telling the story of our home planet through the words of astronauts and hosted by actor Will Smith.

In the Science house competition, students were given the challenge to build a tower that could hold up an egg for at least 3 minutes using marshmallows and spaghetti. We had some great entries, congratulations to all who took part; special mention to Gabriela who put her video to music showing me her tower holding up the egg. All entrants have got points for their houses and a treat will be sent home. The winners are:





Antoni Kaminski 11T 2<sup>nd</sup> place



Romain Janot 7C 3<sup>rd</sup> place





Adriel Dias 7V 4<sup>th</sup> place

**Miss Paines** 

### <u>Lent</u>



Good afternoon everyone

It seems like a very short time ago since we returned to (online) school after the Christmas holidays. Ash Wednesday next week will mark the beginning of this year's season of Lent. I spoke about the value of ignoring distractions and practising acts of charity during this time. But how do we do this in reality?

I have created a list of challenges that you could undertake during Lent. There are 40 acts, so the great challenge would be to attempt one of these acts each day:

Sit next to someone you don't nor- mally sit with at lunchtime.	Let someone go in front of you in the canteen queue.	Leave an en- couraging note for someone.	Pray for someone who is strug- gling during lockdown.	Donate to a food bank from your cupboard at home.	Find out how your class could help a local charity.	Congratulate others when they do well.	Hold the door open for someone.
Attend an online Mass this Sunday.	Invite some- one new to join in with your game.	Cook a meal for the mem- bers of your household.	Be the first to say sorry.	Send a nice text to brighten up someone's day.	Don't inter- rupt; listen carefully in- stead.	Say thank you to your parents for looking after you.	Wash your parent's car.
Refrain from eating choco- late today.	Wash the clothes for everyone in your house- hold.	Give some- one a nice compliment.	Read a pas- sage from the Bible to- day.	Give up something you are ad- dicted to to- day.	Follow in- structions without com- plaining.	Give some- one a nice surprise.	Walk to the shops in- stead of us- ing a car.
Say thank you to your teacher for teaching you.	Forgive someone who has up- set you.	Enter a house com- petition this week.	Offer to clear up after someone else's lunch.	Write a list of things that you are grateful for.	Ring some- one who is on their own during lock- down.	Pick up litter around the school.	Write a thank you note to the canteen staff.
Donate clothes and games that you no longer use to charity.	Save energy by turning off the lights when you leave a room.	Choose one of the pupil profile values and practise it today.	Be brave and try some- thing you find hard.	Try to avoid using plastic you throw in the bin, like straws.	Help return lost property to the right- ful owner.	Say some- thing nice about some- one to some- body else.	Spend 24 hours with- out accessing social media.

Many people have been through unimaginable hardships over this past year, so if there is ever a time in our lives where we make improving the lives of others a priority, make it during this year's season of Lent.

Have a lovely half term!

Mr. Ojakovoh

# PE @ Home

### **Challenges**

- Physical Challenge #5 Legs through arms Click on the link below to watch the tutorial. Film your successful attempts and send it through <a href="https://www.youtube.com/watch?v=FlmdgsuxZ1Q">https://www.youtube.com/watch?v=FlmdgsuxZ1Q</a>.
- Strava We have created a St. Joseph's Fitness Challenge Strava group so you can track any walk, runs or rides that you do out of school. You will need to create your own Strava account first (you have to be 13) and then request to join the group through the link below: <u>https://www.strava.com/clubs/st-joseph-s-fitness-challenge-826785</u>



### **Helpful Reminders**

- Strava should be used with parental control and consent
- Strava tracks location through GPS. If you wish to not show your location you will need to manually input the exercise each time.
  - You can also set your profile's to private so that the general public cannot see your activity
- Strava is a FREE app, you only pay for a premium version. You DO NOT need the premium version to participate in the group
- 3. Workout of the Week (WOW) Complete the workout and send your results to your PE teachers.



#### Whole Body in a Hurry

5 rounds for time: 20 push ups 20 sit ups 20 pull ups (if possible) 20 air squats 20 alternating lunges

### Push Up to Plank

10 rounds of: 10 push ups 45-second plank 10 push ups 45-second plank 60-second rest between rounds

#### Heart-Rate Racer 5 rounds of: 30-second mountain climbers 30 tuck jumps 30 jumping jacks 10 burpees 60 seconds of rest between rounds

# **History News**

### Happy New Year, historians!

Should you be stuck for some activities to carry out over the weekend or in the evenings, please find below some recommendations which may interest you or the whole family!

### Activities:

- Re-enact the Battle of Hastings (should you need instructions, please let me know).
- Create a toga using old sheets and create a role play/ feast from Roman times.
- Build a model of a castle, monastery, trench, or any other historical artefact or landmark using recyclable household items, play dough or cake.
- Play Kahoot!
- Historical Heads Up
- Recreate trench warfare use sound effects from YouTube, a blindfold, and party poppers to make it a little more realistic.

For Kahoot or Heads Up, maybe the children can use their own knowledge to make the game for the whole family to play!

### Museums:

The following museums can be visited virtually. You could ask students to identify 5 things from their "visit" to the museum. If they're unsure of what the artefacts or symbols are, ask the students to use the internet to find out what they are, and encourage them to develop their research skills and find out a little more about the time period which they come from.

- British Museum of London
- Guggenheim Museum, New York
- Musée d'Orsay, Paris
- Pergamon Museum, Berlin
- Rijksmuseum, Amsterdam
- Van Gogh Museum, Amsterdam
- Sistine Chapel, Vatican City.
- The Bayeaux Tapestry, France.
- HMS Belfast, London
- Anne Frank's House
- Auschwitz Concentration Camp

The History Department would love to see and share your activities in our Newsletter and on our Instagram page, @stjosephshistory, so please do send us in some pictures.

Take care, and keep safe!

Ms. Weir

# **Pupil Nominations of the Week**

### Year 7

Harry Oguike-Ibenana and Tyreese Chatyoka for consistent hard work and dedication to online learning in Spanish.

### Year 9

Julia Bialecka for fantastic work in English and Jessie Walton-Barrett for excellent effort in online learning.

### Year 11

Olivia Quinn for her outstanding work in all of her subjects.

Kacper Szukowski for being really proactive in all his studies.

### Year 13

Megan Gillow for outstanding leadership in mentoring Year 9, 10 and 11 Drama students in their lessons this week.

Muhammad Ali for excellent attitude towards completing History coursework.

#### Year 8

Izan Iglesias Trepiana, Hannah Marie Anaya and Nicola Szuba for their exceptional commitment to both Mock Trials and Debating Society. Showing great engagement and insight through both processes. Oskar Belniak, Igor Galka, Annabell Lysiak and Mary Jane Visitacion for their commitment to Mock Trials and for their engagement.

### Year 10

James Chalklen and Michelle Anwar for their beautiful poetry.

### Year 12

Sylwia Kobylak – excellent contributions in Psychology and Health and Social Care.

Patryk Wachowiak – excellent contributions in Drama and English.