

## St Joseph's

**CATHOLIC HIGH SCHOOL** 

Friday, 11 March 2022

## NEWSLETTER



On Monday 7<sup>th</sup> March the Year 9 Netball Team took part in their first ever tournament since joining St Joseph's.

The girls played very well during every game; showcasing some amazing attack and defending skills which resulted in winning one match 9-1!

Player of the tournament:

Johanna Nakasujja

### FROM THE HEAD TEACHER

Dear Parents and Carers,

Hope you are all safe and well,

My weekly message is in video format. Please do take a listen and let us know what you think, any feedback is welcome.

Please find below the link to our website to view my message:

https://www.stjosephs.slough.sch.uk/assets/Documents/Letters/Newsletter-100322-1.m4v

Have a cracking weekend.

St Joseph, pray for us

Ciran

## **THEME OF THE WEEK – Journey**

We have now begun this journey of Lent, these 40 days leading up to the celebration of Easter. We read in the Gospel this week an account of the transfiguration of Jesus in the presence of Peter, James, and John. In this scene, Jesus is with these three disciples up a mountain, and there Jesus is transfigured, His face and clothes become bright and almost illuminated, He looks different in this moment. Some of the prophets seem to appear; Moses and Elijah, and the voice of God the Father is heard saying;

"This is my Son, whom I have chosen; listen to him."

Jesus' identity is revealed; He truly is the Son of God. This is a moment of encounter for the disciples, a mountain-top experience that is life changing for them. We speak of mountain-top experiences today, and many people have encounters with Jesus too. We can all encounter and experience Jesus, we need to be open and to seek Him in our daily lives. It may be in simple times of silent prayer in a Church; it could be on pilgrimage, a holy place where people come to pray.

Have you encountered Jesus before?

Have you experienced a mountain-top moment?

Where do you feel closest to God?

We hear God the Father in this Gospel reading saying to the disciples;

"This is my Son, whom I have chosen; listen to him."

God speaks to each of us, we need to listen to Him. The words from God the Father are an instruction from God to listen to Jesus. Jesus is our teacher and guide; He will show us the way to live our lives. We need to keep Jesus at the centre of our lives, as He Himself says; "I am the way, the truth, and the life". We can listen to Jesus in prayer, through reading the Bible, through learning more about our faith from books and elsewhere.

#### How are you going to listen to Jesus today?

Our life of faith is a life-long journey, there will be moments of encounters with Jesus, hearing the voice of God, and there will be moments when we do not. We must not be discouraged in these times, but to keep going, to persevere. The reward will be great, that reward of eternal life with God. When we go on a journey, especially a long journey, we begin quite excited thinking about where we are travelling to, but there are then moments when the excitement has worn off, as the journey begins to feel long and tiresome, but we don't give up because we know that we will get to the destination. This is the same with our journey of faith. We can be encouraged too, to know that Jesus is walking alongside us on this journey.

Reflecting on your whole life so far as one long journey, can you see the moments where God has been working? Perhaps there are moments of great joy and happiness; someone has been very generous to you; a sense of peace and calm?

## Journey

Weekly Reflections 14th March 2022





A reading from 5t Luke's Gospel Luke 9;28–36

About eight days after Jesus said this, he took Peter, John and James with him and went up onto a mountain to pray. As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Two men, Moses and Elijah, appeared in glorious splendour, talking with Jesus. They spoke about his departure, which he was about to bring to fulfilment at Jerusalem. Peter and his companions were very sleepy, but when they became fully awake, they saw his glory and the two men standing with him. As the men were leaving Jesus, Peter said to him, "Master, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." (He did not know what he was saying.) While he was speaking, a cloud appeared and covered them, and they were afraid as they entered the cloud. A voice came from the cloud, saying, "This is my Son, whom I have chosen; listen to him." When the voice had spoken, they found that Jesus was alone. The disciples kept this to themselves and did not tell anyone at that time what they had seen.

#### Day 1

In our Gospel reading this week, we read of the account of Jesus' transfiguration. It the moment when His identity, His divinity is revealed; Jesus being God. The disciples that are with Jesus in this event were told not to tell anyone about what they had seen, it was not quite the right time for everyone to know fully who Jesus was.

This was a great encounter and mountain-top experience for these disciples. We too can encounter Jesus and have mountain-top experiences. This can take place in a simple time of silent prayer in a Church; it could be on pilgrimage, a holy place where people come to pray. Have you encountered Jesus before? Have you experienced a mountain-top moment? Where do you feel closest to God?

#### Day 4 Journey

This is our theme this week. Reflecting on your whole life so far as one long journey, can you see the moments where God has been working? Perhaps there are moments of great joy and happiness; someone has been very generous to you; a sense of peace and calm?

#### Day 2

"This is my Son, whom I have chosen; listen to him" - The words of God the Father, only the disciples and Jesus would have heard these in this scene up the mountain. It is an instruction from God to listen to Jesus. Jesus is our teacher and guide; He will show us the way to live our lives. We need to keep Jesus at the centre of our lives, as He Himself says; "I am the way, the truth, and the life". We can listen to Jesus in prayer, through reading the Bible, through learning more about our faith from books and elsewhere. How are you going to listen to Jesus today?



#### Day 5

Lord, with praise and thanksgiving we begin this new day, in your name. Grant us health, joy, peace and hope. Amen.

#### Prayer for the Week

O Christ, Son of God, for our sake you fasted forty days and allowed yourself to be tempted. Protect us so that we may not be led astray by any temptation. Since man does not live by bread alone, nourish our souls with the heavenly food of your Word; through your mercy, O our God, you are blessed and live and govern all things, now and forever. Amen.

#### Day 3

St Patrick's Day Blessing The 17th March is the Feast Day of St Patrick; he is the patron saint of Ireland. St Patrick was a missionary and a bishop, originally from England, he travelled to Ireland. We can ask the prayers of St Patrick and pray this prayer of blessing; May your days be many and your troubles be few. May all God's blessings descend upon you. May peace be within you, may your heart be strong. May you find what you're seeking wherever you roam. May the strength of God pilot us, may the wisdom of God instruct us. May the hand of God protect us, may the word of God direct us. May thy Salvation, O Lord, be always ours this day and for evermore.

Amen.

#### **CHAPEL PRAYER ROTA**

Year 7: Maroon Year 8: Red Year 9: Purple Year 10: Blue Year 11: Green 6th Form: Orange

	<b>Monday</b> (Yr 7 & 6 <sup>th</sup> Form)	Tuesday (Yr 11)	Wednesday (Yr 10)	Thursday (Yr 9)	Friday (Yr 8)
W/B 14/3	Year 9 – Jerome Miss Aushana		Year 7 – Mark Miss Basson	Year 7 – Peter Mr Richardson	
W/B 21/3	Year 9 – Peter Ms Aldridge		Year 9 – Teresa Miss Toro Sanchez	6 <sup>th</sup> Form – Peter & Teresa Miss Hurley & Mr Allinson	
W/B 28/3	Year 9 – Mark Mr Spencer				
W/B 4/4	Year 8 – Mark		Year 7 – Jerome Miss Viegas	Year 7 – Cecilia Ms Marciniak- Grabowicz	
W/B 25/4			Year 7 – Teresa Mrs Rodrigues	Year 7 – Veronica Miss Irvine	

#### **HPV VACCINATION – 24<sup>th</sup> March 2022**

The School Immunisation Team will be visiting St Josephs on Thursday 24th March 2022 for the HPV Vaccination. On the day the nurses attend they will be vaccinating Year 8 pupils 1<sup>st</sup> dose, Year 9 pupils with their 2nd dose of HPV and a small number of Y10s who missed their dose.

\*For Y8 - Consent forms are required – these were emailed directly to parents – deadline is 9am  $22^{nd}$  March.

\*For Y9/10 - Consent forms are not required the nurses will only be vaccinating those who have already completed consent online from their 1st Dose of HPV.

The School Aged Immunisation Team



#### **YEAR 7 NEWS**

Thank you to all of the parents who made it to Year 7 Parents' evening yesterday. It was lovely to have us all together face to face. There was a real buzz about the place, and wonderful conversations about how to ensure all students are achieving their best.

If you were not able to make it, your child's tutor will be in contact to arrange a meeting with you.

Have a restful weekend

Miss N O'Connor

#### **YEAR 8 NEWS**

Today year 8 had a workshop in the hall where they created their own apps. They took to the task with gusto and really enjoyed it. This week they have been studying Calypso in music, In Geography the climate and the weather and in History voting. A big thank you to anyone who has brought in donation for Ukraine, The last day is Monday so please try and donate if you can. Can I encourage year 8 to get involved in as many extra curricular clubs as they can.

In the meantime have a great weekend

Mrs Dunleavy

#### Year 8 Days of Reflection – MS Form – Feedback Request

To all parents/carers of Year 8, a MS form has been sent out for your completion via email.

Please take a few moments to answer the questions, to be completed by Monday 14<sup>th</sup> March.

With many thanks for your continued support.

Miss Townsend – Chaplain

#### **YEAR 10 NEWS**

I hope you've all had a good week. This week is national careers week and we have had the opportunity to listen to a guest speaker who is a children's nurse as well as completing activities in form time relating to different careers and what they entail. Behind the scenes we are beginning to plan for Year 11 so this is a great time to speak to your child and discuss what their plans are beyond Year 11. In terms of motivation there is no substitute for having a clear end goal in mind, so I would encourage any students who are not sure what they want to do to start doing some research now. A good starting point is to speak to the teachers of their best/favourite subjects to find out what careers paths are related to that subject.

Congratulations to 10 Cecilia for winning a pizza party for the least number of X's in a week out of Year 9, 10 and 11!

Congratulations to the following students for winning a bag of chocolate for the most positive points in each form this week:

10C Charlie Timms

10J Martyna Krzesaj

10M Ryleigh Sabino

10P Laura Wilkanowska

10T Alexandra Sapieja

10V Abigail Kalicka

Also a big shout out to Ryleigh for playing for the Year 11 football team in the county cup and having the nerve to take (and score) a penalty in the shootout.

#### **Exeter Scholars university opportunity:**

I have posted on our 'Year 10' team on Microsoft team an opportunity run by Exeter University for Black, Asian and minority ethnic students.

<u>Exeter Scholars</u> is a free programme providing students with the opportunity find out more about university, gain news skills and subject knowledge, meet new people and ultimately earn a reduced offer for any University of Exeter course.

This involves a 2 week virtual program of online lectures during the period of 19<sup>th</sup> April and 29<sup>th</sup> April on a choice of different topics. If students engage the University will support them all the way through to Year 13 and there will be an opportunity to attend a residential at the University.

Applications are due by Friday 18<sup>th</sup> March. If this is of interest and to check if your child is eligible to apply, please check the information on Microsoft teams under the 'Year 10' team.

Have a great weekend all.

Mr Robinson

#### **YEAR 11 NEWS**

A massive well done to the Year 11 football team on their cup run this year. You have played exceptionally well and got knocked out in the most brutal way. You all played brilliantly and the result could have gone either way.

After Luca Clark scoring early, Little Heath came back and equalized half way through the first half. From this point the two teams where locked together and unable to get any chances away. The game finished after extra time at 1-1 and went to penalties.

After the first 5 penalties finishing 4-4 sudden death penalties started. Unfortunately after 9 penalties the final score was St Joseph's 7-8 Little Heath.

Mr Hunt



#### SIXTH FORM NEWS

#### **YEAR 12**

This week we end up PPE season. I am sure you have done your best and the result will reflect no less than what you deserve. Once you received them remember to ask for detail feedback to improve and achieve best grades possible. Next week Monday we have assembly so remember to line up in the quad the latest at 8:25 am. I am sure you have heard that some covid restrictions have been erased but, in our school, we will keep the one-way system and face mask can be used.

Talking about another topic, I am sure that all of you had the chance to see how the hall is full of bags and packages ready to go to Ukraine for those who need them the most. I am so proud of all of you but special mention to Roza Sapinska who gave the idea, worked very hard to organise the products for different groups and prepared the presentation explaining how to help. Well done Roza =)

#### Not everything is about studying...

Azariah Thomas and Eleanor Levitt are funding an Anime Club.

(More information to be announced soon. Everyone is of course welcome in the club!)

See their message below:

"Eleanor and I have decided to put together an anime club! All years groups are allowed to join and we're looking forward to starting this. It will involve interactive discussions, anime themed activities and streaming episodes. The club will take place after school on Tuesdays in the Sixth Form study room. We hope to see you there!" - Azariah Thomas

Also, Gustaw Ignatowicz has founded a Warhammer Club! Amazing =)

See their message below:

Warhammer 40k and Age of Sigmar Club. Every Tuesday after school in the Study Room

This week we will hold an introduction session. Members will learn about the Warhammer hobby as well as the worlds that it's set in. We have 12 places available. All years are welcome. You will receive a Warhammer miniature for attending." - Gustaw Ignatowicz

Please find Gustaw to sign up. Alternatively e-mail him at <a href="mailto:Gustaw.lgnatowicz@josephsrc.org">Gustaw.lgnatowicz@josephsrc.org</a>

Thank you and enjoy the rest of the weekend

Mr Romero

#### **YEAR 13**

A big thank you to all the students who have contributed to the Ukraine collection. Your generosity has been overwhelming and the stage is full of supplies which will be very gratefully received.

Year 13 have finished their exams this week. There is now 7 weeks to go until their final exams begin. It is really important that students are attending all lessons and intervention sessions as time is running out. All should have a revision timetable which they are following to structure their time. Keep practicing past papers and revising key knowledge.

PSHE next week will be on Friday 18<sup>th</sup> period 3. The next few weeks will focus on study skills looking at the following;

- Elaborative Questioning
- Interleaving & making information stick
- Organisation and motivation

Leavers' hoodies are available to order via the following link. <a href="https://www.hoodiehut.co.uk/leavers-hoodies/sjchs1322/">https://www.hoodiehut.co.uk/leavers-hoodies/sjchs1322/</a> The deadline for orders is 1pm on 30<sup>th</sup> March. Students can personalize the hoodie with their choice of colour, name and initials.

Have a great week

Mrs Bray

#### **National Exam Timetables**

National Exam Timetables are already available below, students should write these in the calendar on their iPads (or diaries).

AQA: https://filestore.aqa.org.uk/admin/t table pdf/AQA-TT-GCE-JUN22-CONFIRMED.PDF

**Eduqas:** https://www.eduqas.co.uk/media/mccj5y3x/summer-2022-wales-and-eduqas-as-and-a-level-final-exam-timetable-22-10-21.pdf

Pearson & Edexcel: <a href="https://qualifications.pearson.com/content/dam/pdf/Support/Examination-timetables/GCE\_Summer\_2022\_Final\_v1.pdf">https://qualifications.pearson.com/content/dam/pdf/Support/Examination-timetables/GCE\_Summer\_2022\_Final\_v1.pdf</a>

OCR: https://www.ocr.org.uk/Images/640154-as-a-level-fsmq-and-level-3-certificate-core-maths.pdf

#### National Careers week - March 2022

This week we were lucky to hear some really informative talks from a children's nurse and a chartered physiotherapist. Both professionals talked about their career path and how they gained as much experience in school and the local community to get involved in activities that would develop skills such as communication, working with and helping others and learning how to work as a team member. They also showed us that there is more than one route into most occupations and hard work now will pay off later. Next week there will be talks from the Police, engineering and media and productions.

In form time and lessons a variety of careers were studied looking at what the jobs entailed and what qualifications are required to get into the profession.

If you want to find out more about the huge number of opportunities available to you and what qualifications are needed go to the **bbc bitesize** website where there is a wealth of information:

#### https://www.bbc.co.uk/bitesize/careers

We would love to hear from any parents/guardians who would be willing to come in and speak to our students about your profession to help give our young people an insight into the world of work. During the pandemic schools have been limited in the number of opportunities that they can offer students to help give them the experiences they need to make decisions about the next steps in the careers.

If you feel this is something you would be interested in helping us with do contact me on: <a href="mailto:s.cheston@st-josephs.slough.sch.uk">s.cheston@st-josephs.slough.sch.uk</a>

#### **Literacy Update**

#### Literacy - Word and Idiom of the Week

The word this coming week is 'Hopeful'. This can be an adjective in that it describes someone feeling or inspiring optimism about a future event. It can also be a noun in which it talks about a person likely or hoping to succeed.

The idiom this coming week is 'to throw good money after bad'. If you say that someone is throwing good money after bad, you are critical of them for trying to improve a bad situation by spending more money on it, instead of doing more thoughtful or practical things to improve it. The metaphor can be extended to express the act of trying to make a situation better by doing the same old action and expecting a different result. If this is the case, you have to change your action and think outside the box.

#### **Reading Tests**

Next up for the reading tests are Year 11.

Group/Class	Room	Teacher Leading	Date	Room Swap
11C	E4	THU	Fri week 2 p3 - 18th of March	none
11M	T1	MZE	Fri week 2 p3 - 18th of March	none
11P	CP3	NCA	Fri week 2 p3 - 18th of March	none
11T	CP2	Cover	Fri week 2 p3 - 18th of March	LBO to M4
11J	CP1	EBU	Fri week 2 p3 - 18th of March	LRO to M2
11V	CP3	LDE	Fri week 1 p5 - 25th of March	LRO to M6

You will receive your son/daughter's updated Reading Age with their next school report alongside a copy of the reading test report with strategies to support reading.

#### **Sixth Form National Exam Update**

Our Year 13 students (and those Year 12 students studying Core Maths and AS level exams) will begin their national exams in 7 weeks this coming Monday. Currently, we are doing a bespoke PSHE programme that involves study skills and preparation for the exam. Here is some key information to help parents/carers support their sons/daughters at home:

National Exam Timetables are already available below, students should write these in the calendar on their iPads (or diaries).

AQA: https://filestore.aqa.org.uk/admin/t\_table\_pdf/AQA-TT-GCE-JUN22-CONFIRMED.PDF

**Eduqas:** https://www.eduqas.co.uk/media/mccj5y3x/summer-2022-wales-and-eduqas-as-and-a-level-final-exam-timetable-22-10-21.pdf

**Pearson & Edexcel:** <a href="https://qualifications.pearson.com/content/dam/pdf/Support/Examination-timetables/GCE">https://qualifications.pearson.com/content/dam/pdf/Support/Examination-timetables/GCE</a> Summer 2022 Final v1.pdf

OCR: https://www.ocr.org.uk/Images/640154-as-a-level-fsmq-and-level-3-certificate-core-maths.pdf

**Study Skills** – many of our students these coming weeks say that they are not certain on how to revise and this is their first set of external exams, by and large. In order to prepare them for this, we have set up a dedicated website with revision resources (mostly this has been covered in Year 12 and 13 PSHE but it is there to come back if you feel your son/daughter needs a refresher): <a href="https://www.st-josephs.slough.sch.uk/sixth-form/about-us/revision-and-student-resources/">https://www.st-josephs.slough.sch.uk/sixth-form/about-us/revision-and-student-resources/</a>

Organisation, Motivation and Wellbeing - the main thing I wish to communicate to the students is that revision starts now, students must be using all of their time in school effectively, we have an extensive timetable of intervention to target students identified as needing more support with specific parts of the curriculum but that wellbeing is also important at this time. The right amount of sleep, correct diet and organisation is important (our PSHE sessions in the study skills will also focus on this) but you will a dedicated wellbeing page here too, with all of the ways we can support students in this important time in their lives: <a href="https://www.st-josephs.slough.sch.uk/sixth-form/about-us/wellbeing/">https://www.st-josephs.slough.sch.uk/sixth-form/about-us/wellbeing/</a>

#### **Year 13 Interventions**

## **Interventions**



Monday – Psychology, Chemistry, Biology, Physics and Philosophy & Ethics, Maths, Economics & Business

Tuesday - Media, Law, Computing, Geography & English Lit.

Wednesday - Sociology, Product Design

Thurs - Maths (week 1)

Friday - Art, Maths

After school 'Catch Up' - see letter from Mr S-C.

Add another 25% of specialist curriculum time!

#### **Y11** Interventions

Dear Parents & Carers,

See below GCSE Intervention Schedule.

Mr Dann

## **GCSE Intervention**



	Monday	Tuesday	Wednesday	Thursday	Friday
_					
Form (8:30am – 9:05am)		Assembly		RE	
Lunch (1:25pm – 2:00pm)			Business Studies	Art (Week 1)	Art (Week 1)
Session 1 (3:00pm – 3:45pm)	English	Maths	Science		Food / Drama / iMedia / Product Design & Art
Session 2 (3:45pm – 4:30pm)	MFL / Drama	PE / Child Development	Music / Sports Science		

Unlocking Belief in All

#### **Creative Writing Club**

- Do you enjoy writing stories and poems in your spare time?
- Would you be interested in pursuing a career as an author or poet?
- Do you consider yourself to be an imaginative or creative person?

If you answer to any of the above questions is yes, then Creative Writing Club is the place for you!

This club is exclusive to students in Year 7, Year 8 and Year 9, and will run every Tuesday lunchtime in E7 from March the 15th. Do come along to share your ideas and hone your skills in a supportive and inspiring environment!

Mrs Cutajar

#### **Music Extra-Curricular Clubs**

Guitar Club - Monday Lunchtimes. Yrs 8-10 12:30pm-12:55pm, Yrs7 & 6<sup>th</sup> Form 1:30pm-1:55pm

St Joseph's Vox - Tuesday 8am-8:20am

Yr7 Keyboard Club - Thursday Lunchtimes. 1:30pm-1:55pm

Miss Ure

#### **PE - Upcoming PE fixtures**

#### **GIRLS**

- Monday 14<sup>th</sup> Match- Year 7 and 10 netball vs St Bernards (home)
- Thursday 17<sup>th</sup> March- Year 7 and 8 netball vs Herschel (home)
- Wednesday 23<sup>rd</sup> March- Year 10 netball tournament at Herschel

#### **BOYS**

- Tuesday 15<sup>th</sup> March- Year 10 football vs Ditton Park Academy (away)
- Wednesday 16<sup>th</sup> March- Year 7 football vs Churchmead (away)
- Monday 21<sup>st</sup> March- Year 7 and 8 football vs Westgate (away)
- Thursday 24<sup>th</sup> March- Year 10 football vs Windsor boys (away)
- Wednesday 30<sup>th</sup> March- Year 10 football vs St Bernards (away)

#### **Y11 GCSE PE**

All 42 students will be participating in their GCSE practical moderation on Wednesday 16<sup>th</sup> March.

Students will be missing certain lessons that day and will be required to catch up on any missing work from these lessons. More details will be published onto Teams at the start of next week for them to have and look over.

All students will need to have their correct and FULL St. Joseph's PE kit to change into in the day and any additional footage from participating outside of school on USB. Any questions please ask the pupils to direct them to their teachers.

Have a great weekend!

Team PE

#### **SCIENCE NEWS**

Congratulations to Adrain Fernandes, who won 'Commendations' by National British Physics Olympiad for his Experimental Project in the compound pendulum. His research included experimental tables, graphs, data recording and a written report.

Mrs Hameed.

#### **MFL NEWS**

Over the past few weeks, the Year 7's have been producing some awesome projects.

Our Spanish groups have focused on Hispanic athletes and Cervantes, whereas our French groups have written about Guillaume le Conquérant.

Take a look! (see following page)

Ms M. Sanchez

#### **Hispanic athletes and Cervantes:**





#### **Guillaume le Conquérant:**





#### **Computer Science News: Amazon Web Service Get IT Competition Bootcamp**



Year 8 students attended the AWS GetIT bootcamp session led by Maisie Fernandes, St Joseph's amazon ambassador as part of the AWS GetIT competition.

This initiative by Amazon invites teams from different schools build an app to solve real issues faced by their school or community. This programme is aimed at girls, but boys can also participate. It encourages everyone to be aware of the opportunities in the technology field and challenges the gender stereotypes within the industry.



In today's session students were provided with the opportunity to map out their ideas using Amazon design principles and watch some current technology videos like; AR/VR, Alexa that they might need for their app design. They were also taught presentation skills to help them present their ideas.

Students were very excited about the opportunity, these were some of their comments: "Very informative, we have learnt about a lot of technology", "Very interesting, it has made us consider what features we are going to have on our app.

#### **ENGLISH NEWS**

#### **Thames Valley Learning Partnership- Orwell Writing Workshop**

On Thursday 10<sup>th</sup> March, myself and two students from Year 10 and four students from year 12 attended the TVLP Orwell Writing workshop. During this workshop we learned about George Orwell & his writing. We also heard from a guest author, completed a speed writing task & gained feedback. It was a great day. Well done to Athena, Maks, Ksawier, Hannah, Bianca and Bela for taking part.

Miss Butler



#### **Walk against Hunger**





- Walk Against Hunger is the only Lent challenge you need.
- How many steps can your tutor group achieve during the 40 days of Lent?
- Go the distance and help to end malnutrition.

Why walk against hunger?

We are walking to stamp out hunger. You'll be helping children like Lombeh.

Lombeh, the third child of Amie and Borbor, was malnourished. She was so tiny that a bracelet her mother Amie bought for her at the time now fits round her thumb. Amie and Borbor left no stone unturned to find help, but to no avail. Amie saw a group of new mothers coming along the road, their babies all healthy, and asked where they had come from. They told her about the Sisters. Amie went straight there. Even though they feared there was no hope for little Lombeh, they gave her benny mix – a local weaning food. Lombeh immediately began to improve. Now, aged five, Lombeh is a lively and energetic little girl, who can't believe the stories her mother tells her about when she was a baby.

Follow the link to find out more: <a href="https://walk.cafod.org.uk/about">https://walk.cafod.org.uk/about</a>

How are we going to take part as a school?

Throughout Lent, each tutor group is going to walk as many steps as possible to raise awareness and money to help the end to hunger. A league table will be created, let's see which tutor group walks the furthest! A JustGiving page has been set up for those sponsoring and donating. All money raised will go to CAFOD.

How will each tutor group keep track of their progress?

Students will track their steps using their step-counter on their phones. At the end of each week, tutors will add up all steps and send the amount to Bethan (Chaplain) to add to the league table.

Friends and family can sponsor and donate via the JustGiving page: https://walk.cafod.org.uk/fundraising/lentfundraising



Thank you to everyone for bringing in donations for the relief effort to help refugees across Europe from the ongoing conflict in Ukraine. The donations will be collected on Monday afternoon, so any last items to be in on Monday morning.

Please continue to keep all victims of war in your prayers at this time.

#### **Lent Fundraising Fridays**



Every Friday lunchtime during Lent, there will be fundraising activities and competitions to raise money for charity. Our 6<sup>th</sup> Form CAFOD Young Leaders will be taking the lead on these, do get involved!

**TOMBOLA**: The fundraising activity this Friday  $11^{th}$  March is a Tombola. It will take place at lunchtime (Year 8, 9,  $10 - 12:25 \& Year 7, 11, 6^{th}$  Form - 1:25) on the lower playground - 50p a go. Prizes to be won!

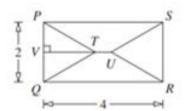


#### Solution to last Week's Puzzler

**D** In the diagram, V is the foot of the perpendicular from T to PQ.

Therefore, as PQT is an equilateral triangle, V is the midpoint of PQ.

By Pythagoras' Theorem in triangle 
$$VQT$$
,  $VT^2 + VQ^2 = QT^2$ .  
So  $VT = \sqrt{2^2 - 1^2} = \sqrt{3}$ .



Hence the area of triangle PQT is  $\frac{1}{2} \times 2 \times \sqrt{3} = \sqrt{3}$ . Similarly, the area of triangle  $SRU = \sqrt{3}$ .

#### Solution to the Break time Teaser:

C 
$$2-(-2-2)-(-2-(-2-2))=2-(-4)-(-2-(-4))=2+4-(-2+4)=2+4-2=4$$

#### Problem of the week

One hundred rectangles are arranged edge-to-edge in a continuation of the pattern shown.



Each rectangle measures 3 cm by 1 cm. What is the perimeter, in cm, of the completed shape?

A 800

B 700

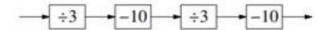
C 602

D 600

E 502

#### Break time Teaser:

A function machine does the four operations shown in order.



Iris inputs a positive integer and the output is also a positive integer.

What is the smallest possible number which Iris could have input?

A 9

B 84

C 102

D 120

E 129

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.



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## **PUPIL NOMINATIONS OF THE WEEK**

YEAR 7	YEAR 8
Zofia Drewnowska and Lena Margilewska for their loving attitude to their peers this week.	Gabriel Sobala and Rosa Jarret for the highest positive points in their forms
YEAR 9	<u>YEAR 10</u>
	Charlene Daguplo and Ben Flanagan for consistently high positive points this term.
<u>YEAR 11</u>	<u>YEAR 12</u>
	<b>Roza Sapinska</b> for all her hard work put into Ukraine aid
	<b>Gustaw Ignatowicz</b> for founding a social club for whole school

#### **YEAR 13**

Martyna Kuczynska and Mandla Chigogwana for earning the most positive class charts points this week.