



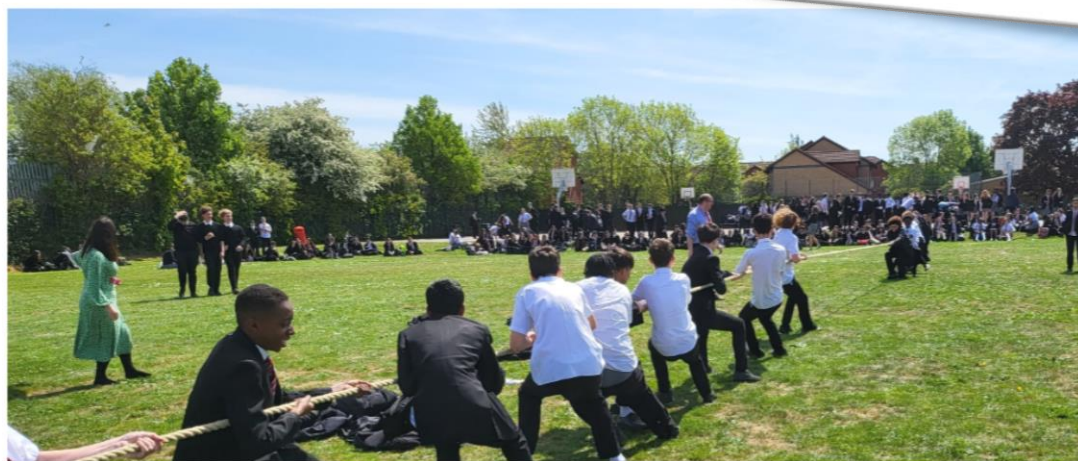
St Joseph's Feast Day Mass



We gathered today as a school community to celebrate our patronal feast day, Saint Joseph the Worker. We were blessed to have Fr Kevin and Fr Pius celebrating with us, a day full of joy and activities.

St Joseph - Pray for us!

**The School
Celebrates
St Joseph's Feast Day**



FROM THE HEAD TEACHER

Dear Parents and Carers,

Hope you are all safe and well.

My weekly message is in video format. Please do take a listen and let us know what you think, any feedback is welcome.

Please find below the link to our website to view my message:

<https://www.st-josephs.slough.sch.uk/assets/Documents/Letters/20220506-Newsletter-1.m4v>

St Joseph, pray for us

Ciran

IMPORTANT NOTICE

As mentioned in Mr Stapleton's video, please click on the link below to our school website to see the Summer Exam Timetable for 2022:

[Final-Summer-Exams-Schedule-2022.pdf \(st-josephs.slough.sch.uk\)](#)

THEME OF THE WEEK – Follow Me

The theme of the week is 'Follow Me' as we hear in the Gospel Jesus talking about His sheep following Him. Jesus uses the imagery of sheep and shepherd to help us understand how He leads us with His voice. Sheep learn to hear the voice of their shepherd, we must learn the voice of Jesus. How do we learn and become familiar with the voice of Jesus? It is through prayer and silence, by spending time with Him. Like many things, the more we try and practice, the easier they become. This is the same with prayer and spending time with the Lord in silence. The more we do this, the easier it will become; we will begin to hear the voice of Jesus.

How often do you stop and listen to the Lord? How often do you pray?

There are a few saint's days and feast days this week, including the feast day of Our Lady of Fatima. Mary has many titles, and many places are dedicated to her. Fatima is a place where Mary appeared in an apparition, and is now a place of pilgrimage. Mary helps us to follow Jesus her son, she is a saint in heaven and she is our heavenly mother too. She loves and cares for us. We can ask her to pray for us using our own words or prayers dedicated to her such as the Hail Mary prayer.

There are many things that we can do as a follower of Jesus, to continue following Him. As already mentioned, we must spend time in prayer and silence with Jesus, we can also ask the prayers of Mary, but we can also show others that we are a follower in the way that we are with others, putting others first and being loving and caring towards others.

What does it mean to you to be a follower of Jesus? How is your life as a follower of Jesus different to that of someone who is not a follower of Jesus?

Let us be mindful this week of what it means to be a follower of Jesus, and reflect on what we can do to get to know Jesus better.

Follow Me

Weekly Reflections
9th May 2022



A reading from St John's Gospel

John 10:27-30

My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand. My Father, who has given them to me, is greater than all; no one can snatch them out of my Father's hand. I and the Father are one.

Day 1

The Gospel for this week is short but full of important messages for us. It's from St John's Gospel, and Jesus is speaking. Jesus speaks of His sheep, His sheep being His followers. Just like sheep know their shepherd's voice, so do Jesus' followers know His voice. But how do we know and hear Jesus' voice? In silence and in prayer, in the promptings of the Holy Spirit in our day-to-day lives, through other people's words – Jesus speaks to each of us. We need to allow ourselves to stop and listen. The more we spend time stopping and listening, the easier it becomes. How often do you stop and listen to the Lord? How often do you pray?



Day 2

"I and the Father are one." – This is a big statement from Jesus, but it is completely true. Jesus is both divine and human. He is the second person of the Trinity. He is God, one with the Father and the Holy Spirit. When we pray, we can address God the Father, Jesus or the Holy Spirit. Who is it you like to address when you pray? How do you like to pray? Spend a few moments in silence, and reflect on your relationship with God.

Day 3

Our Lady of Fatima (Feast Day 13th May)

Take under your motherly protection the whole human family, which with affectionate love we entrust to you, O Mother. May there dawn for everyone the time of peace and freedom, the time of truth, of justice and of hope.
Amen.

Day 4

Follow Me

The theme for the week is Follow Me, Jesus' words to all those He calls. What does it mean to you to be a follower of Jesus? How is your life as a follower of Jesus different to that of someone who is not a follower of Jesus?

Day 5

Lord, you have enriched our lives in many ways, and we remember with thanksgiving all who have loved, cared for, and supported us over the years. Show us how best to use the time and talents you have given each of us, and lead us to grow in appreciation of the contribution that others make. May your Spirit empower us to work well with others and bring out the best in those with whom we share our lives.
Amen.



Prayer for the Week

Lord Jesus, you promised to be with your people always, and so we know that you are with us in good times and bad. Nothing that ever happens to us can separate us from your love. Help us always to be positive in our attitude that we seek and find the best in people and in situations, and so draw good out of all that happens to us.
Amen.

Am I eligible for free school meals?

You will be able to claim free school meals for your child if you receive one of the following benefits:

- Universal Credit (provided you have a net income from employment of no more than £7400 per year). For more information on how the government calculates your earnings from employment whilst claiming Universal Credit, please check the "Eligibility under Universal Credit" section below.
- Income Support
- Income based Jobseeker's Allowance
- Income related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16190)
- Working Tax Credit run-on - paid for four weeks after you stop qualifying for Working Tax Credit

<https://www.slough.gov.uk/xfp/form/244>

Mr Gibbons

YEAR 8 NEWS

Today was our Feast Day. Throughout the day we had activities related to St Joseph. It was great to have the whole school together again for a liturgy with Father Kevin. During lunch we had activities on the field which included races of all kinds. PHSE was related to our saint. I think it was fair to say everyone had a great day. Can I remind you all that homework is compulsory - make sure that you do it.

I hope you have a great weekend

Mrs Dunleavy

YEAR 10 NEWS

Duke of Edinburgh

The Year 10 D of E cohort are finally doing their Qualifying Expedition this weekend. The weather looks to be good, we may even need to bring the suncream! Please wish them well.

YEAR 13 NEWS

The **first exam begins on Monday!** Good luck to all the students in year 13 who have exams next week. Keep up the positivity and hard work right up to the end.

Year 13 prom will be held on Thursday 14th July at Wexham Park golf course. Tickets cost £30 and can be purchased through ParentPay. If you have any problems logging in to your ParentPay account please contact the school office, either via the main school phone number or by email office@st-josephs.slough.sch.uk

Next week PSHE is on Monday period 1.

Thank you.

Mrs K Bray

Head of Year 13

PE after school clubs timetable

| 3:15-4:15 | Monday | Tuesday | Wednesday | Friday |
|----------------|--|---|--|--------|
| Year 7 | Athletics JCO Cricket THU + LRO | Rounders + Softball AAN, KRI +THU | Rounders + Cricket KBR, KRI +THU Athletics JCO, MJO + AAN | |
| Year 8 | Athletics JCO Cricket THU + LRO | Rounders + Softball AAN, KRI +THU | Rounders + Cricket KBR, KRI +THU Athletics JCO, MJO + AAN | |
| Year 9 | Athletics JCO Cricket THU + LRO | Rounders + Softball AAN, KRI +THU | Rounders + Cricket KBR, KRI +THU Athletics JCO, MJO + AAN | |
| Year 10 | Athletics JCO Cricket THU + LRO | Rounders + Softball AAN, KRI +THU | Rounders + Cricket KBR, KRI +THU Athletics JCO, MJO + AAN | |

EAL NEWS (English as an Additional Language)

Reminder: EAL Social Club will be for year 7, and 11 (Week 2: 1: 25-2.00pm) remember it is Chat & Chew so come with your lunch. We are going to finish the Display.

Family –Ways to Stay Motivated

Eight ways to increase motivation:

- **Set Goals** - Make a list of short-term goals & one for the long-term goals.
- **Make a Plan** - In order to reach goals, you need a plan.
- **Celebrate Accomplishments** - When kids accomplish their goals, let them know that you are proud of them. Celebrate these successes.
- **Encourage Them** - Let kids know you believe in them. Tell them how great they are going to do.
- **Take Interest** - Learn about what the kids in your family are interested in.
- **Talk to them and listen** - It will show them that you care and that they are free to talk to you about their interests.
- **Remain Positive** - Maintain a positive and optimistic outlook. If kids see fear or doubt in your eyes, they likely will lose self-confidence. Having a positive approach will brighten their outlooks on a situation.

Thinking outside the Box



Reading game instructions is a terrific way to get your child reading difficult material. You can try out a new game that you have never played before, or ask your child to verify a rule about something you are unsure of in a game you have played many times. Either way, your child must read and understand the rules.



Free Online resources

Reading with your child' booklet for parents
– available to download free in 26 languages
(scroll down the page)

<https://www.booktrust.org.uk/books-and->



INTERESTED IN BECOMING A TEACHER?



START YOUR TEACHER TRAINING JOURNEY NOW

TO APPLY YOU'LL NEED TO BE AN UNDERGRADUATE
STUDYING MATHS, PHYSICS OR COMPUTER SCIENCE

APPLICATIONS DEADLINE: FRIDAY 13TH MAY 2022

CONTACT: MAXINE GILMARTIN
ADMIN@STCAT.CO.UK

WITH TEACHING
INTERNSHIPS, YOU'LL GET
THE OPPORTUNITY TO
EXPERIENCE A RANGE OF
ACTIVITIES TO HELP YOU
GET A FEEL FOR SCHOOL
LIFE

OUR PROGRAMME TAKES
PLACE ACROSS OUR
SECONDARY SCHOOLS IN
AYLESBURY, HIGH
WYCOMBE, SLOUGH AND
LUTON

YOU'LL EARN £300 A WEEK
FOR 3 WEEKS FROM
JUNE 2022

YOU'LL HAVE YOUR OWN
MENTOR AND SHADOW
EXPERIENCED TEACHERS IN
YOUR SUBJECT

YOU'LL ALSO GET THE
CHANCE TO DELIVER YOUR
OWN LESSON TO A SMALL
GROUP OF STUDENTS



#IcandoMaths

Solution to last Week's Puzzler

- C Let the length of each of the shorter sides of the triangle be x cm and the length of its hypotenuse be y cm. Then, by Pythagoras' Theorem: $x^2 + x^2 = y^2$. So $y^2 = 2x^2$. Also, $x^2 + x^2 + y^2 = 72$, so $4x^2 = 72$, that is $x^2 = 18$. Now the area of the triangle, in cm^2 , is $\frac{1}{2} \times x \times x = \frac{1}{2}x^2 = 9$.

Solution to the Break time Teaser:

- C Let g and s be the number of goats and sheep respectively. Then $s = 2g$ and $12 = s - g = 2g - g = g$. Hence the number of animals is $s + g = 3g = 36$.

Problem of the week

One hundred rectangles are arranged edge-to-edge in a continuation of the pattern shown.



Each rectangle measures 3 cm by 1 cm. What is the perimeter, in cm, of the completed shape?

- A 800 B 700 C 602 D 600 E 502

Break time Teaser:

How many hours is 6 minutes?

- A 0.06 B 0.1 C 0.6 D 10 E 360

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.

PUPIL NOMINATIONS OF THE WEEK

YEAR 8

Tyodus Chetty for being compassionate
Liza Pereira for ATL

YEAR 9

Toby Slaney for resilience and
Adrian Jurys for consistent excellence

YEAR 13

Rebecca Fernandes for hard work helping others and
Alex Passos- Wiggs for the most positive points this week