

<b>Subject: PE</b>	<b>Year Group: 9</b>
<b>Spring – Curriculum Plan</b>	<b>Homework Plan</b>
<p><b>Topics:</b></p> <ol style="list-style-type: none"> <li>1. Warm ups /Cool Downs</li> <li>2. Injury Prevention</li> <li>3. Sports injuries</li> <li>4. Risk assessments</li> <li>5. Identifying Hazards</li> <li>6. Structure of the skeletal system</li> <li>7. Function of the Skeletal system</li> <li>8. Types of Joint</li> <li>9. Structure of the Muscular system</li> </ol>	<p><b><u>Embed</u></b> Revision of key words used in the GCSE specification.</p>
<p><b>ASSESSMENT OBJECTIVES:</b></p> <p><b>AO1:</b> Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p><b>AO2:</b> Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p><b>AO4:</b> Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.</p>	<p><b><u>Apply</u></b> Answer exam questions demonstrating skills acquired.</p>
<p><b>OUTLINE:</b> Pupils will be expected know the key terminology to help their understanding of the different topics.</p>	<p><b><u>Challenge/Interleaving</u></b> Exam style questions set as practice to test skills acquired in lessons. Glossary test in every lesson in preparation for end of topic tests.</p>
	<p><b><u>Improve/Go Green</u></b> Based on the feedback the class has received for their PPEs, students complete their TPGG task, making sure they address all the EBIs and annotations in their exercise book.</p>