

Subject: PE	Year Group: 9
Spring – Curriculum Plan	Homework Plan
<p>Topics:</p> <ol style="list-style-type: none"> 1. Warm ups /Cool Downs 2. Injury Prevention 3. Sports injuries 4. Risk assessments 5. Identifying Hazards 6. Structure of the skeletal system 7. Function of the Skeletal system 8. Types of Joint 9. Structure of the Muscular system 	<p><u>Embed</u> Revision of key words used in the GCSE specification.</p>
<div style="border: 1px solid black; padding: 5px;"> <p>ASSESSMENT OBJECTIVES:</p> <p>AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.</p> </div>	<p><u>Apply</u> Answer exam questions demonstrating skills acquired.</p>
	<p><u>Challenge/Interleaving</u> Exam style questions set as practice to test skills acquired in lessons. Glossary test in every lesson in preparation for end of topic tests.</p>
	<p><u>Improve/Go Green</u> Based on the feedback the class has received for their PPEs, students complete their TPGG task, making sure they address all the EBIs and annotations in their exercise book.</p>