

Subject: PE – Sports Science	Year Group: 13
Spring – Curriculum Plan	Homework Plan
<p>Topics:</p> <p>Learning aim B: Explore own skills using a skills audit to inform a career development action plan.</p> <ul style="list-style-type: none"> • Complete a personal skills audit, include the following in your personal skills audit: <ul style="list-style-type: none"> ○ What are your personal interests and accomplishments to date? ○ Summarise your qualities (For example, are you reliable, organised, committed, resilient, and empathetic?) Summarise your literacy, numeracy and IT skills. ○ A summary of your previous experience, this could include sporting achievements, leadership skills and experience, work experience, and any recent travel experiences which demonstrates further skills. ○ List the academic and sector specific qualifications that you have achieved to date ○ Summarise the employability skills that you have developed through your experiences to date– teamwork, cooperation, communication, problem solving. ○ Highlight any specific technical skills that you have developed to date through your work and other experiences (For example, coaching, instructing, leading, administering test protocols). ○ Carry out a SWOT analysis of your skill set to date for employment in the sports industry. • <u>Using the career pathway assess whether you have the appropriate skill set to pursue the selected career.</u> • If there are any gaps in your skills audit to pursue the career pathway of your choice you should provide a summary of these, and highlight what you can do to overcome these gaps. • <u>Produce a career development action plan.</u> <ul style="list-style-type: none"> ○ The development plan should have specific relevance to the requirements of intended sports career and skills audit outcomes. • You must use the completed personal skills audit to produce an action plan towards obtaining a career in your selected career pathway. 	<p><u>Embed</u> Revision of key words used in the specification.</p> <p><u>Apply</u> Analysis of different career paths using appropriate terminology.</p> <p><u>Challenge/Interleaving</u> Justifying skills audit/development plan to career path.</p> <p><u>Improve/Go Green</u> Based on verbal feedback, making sure they address all the EBIs.</p>

You must highlight in the development plan:

- Training aims
- Educational aims
- Experiential aims
- Professional development activities

In the development plan you must identify the timescales for each of the targets that you set yourself for development.

You should also summarise through the inclusion of a Career Development Action Plan (CDAP) as part of the development plan the career guidance and support and education choices that would support you to achieve each of your targets.

The Carers Advisor has asked that you also include a personal portfolio/record of achievement folder. In the folder you must include the following:

- educational certificates
- sport-specific awards
- sporting achievements
- testimonials
- press cuttings
- work experience
- volunteering
- any other relevant evidence
- A CV which is targeted at the particular career pathway

ASSESSMENT OBJECTIVES:

P3: Explain how selected sports industry career matches own personal skills audit outcomes.

M2: Analyse own personal skills audit outcomes against a selected career in the sports industry.

P4: Develop a career development action plan; to meet the requirements of intended sports career using skills audit outcomes.

M3: Develop a career development action plan that has specific relevance to the requirements of intended sports career and skills audit outcomes.

D1: Justify how own skills audit outcomes, and development action plan, aligns to chosen career pathway based on a comprehensive knowledge and understanding of the career.