

Subject: PE – Sports Science	Year Group: 12
Spring – Curriculum Plan	Homework Plan
<p>Topics:</p> <ol style="list-style-type: none"> 1. Structure of the cardiovascular system 2. Function of the cardiovascular system 3. Nervous control system <div style="border: 1px solid black; padding: 10px; margin-top: 10px;"> <p>ASSESSMENT OBJECTIVES:</p> <p>AO1: Demonstrate knowledge of body systems, structures, functions, characteristics and definitions.</p> <p>AO2: Demonstrate understanding of each body system – short and long term effects, additional factors that can affect the body in relation to exercise and sporting performance.</p> <p>AO3: Analyse exercise and sports movement, how the body responds to short and long term exercise and additional factors.</p> <p>OUTLINE:</p> <p>Pupils will be expected know the key terminology, apply practical examples and analyse performance in a range of activities. Exam questions will be used frequently (exam booklet) in lessons and set as h/w.</p> </div>	<p>Embed Revision of key words used in the specification.</p> <hr/> <p>Apply Answer exam questions demonstrating skills acquired.</p> <hr/> <p>Challenge/Interleaving Exam style questions set as practice to test skills acquired in lessons. Glossary test in every lesson in preparation for end of topic tests.</p> <hr/> <p>Improve/Go Green Based on the feedback the class has received for their PPEs, students complete their TPGG task, making sure they address all the EBIs and annotations in their exercise book.</p>