

Department Intent: To ensure students are given the skills, attributes and knowledge to keep themselves safe and healthy in an increasingly complex world.



- Mastery at Year 13:**
- Strategies for budgeting and affordable living
 - Secure knowledge of what social justice is and how the Equality Act 2010 promotes tolerance
 - Ability to apply critical thinking in regards to online media
 - Understanding financial literacy and the importance of good financial management

- Mastery at Year 12:**
- Understanding what post 18 pathways are available and the UCAS process
 - Secure knowledge of employability skills
 - Secure knowledge healthy relationships including what constitutes a controlling relationship
 - Recognising mental ill health and where to go to get support
 - Understanding how learning works and skills for 6th form study

- Mastery at Year 11:**
- Ability to assess readiness for sexual relationships and knowledge of different methods of contraception
 - Secure knowledge of post 16 options and interview techniques
 - Strategies for managing stress, anxiety and exam revision
 - Knowledge of how media can affect views on healthy relationships

- Mastery at Year 10:**
- Developed knowledge of how gang culture
 - Knowledge of what extremism is
 - Understanding what protected characteristics are including gender identity
 - Developed knowledge of managing the financial aspects of life
 - Knowledge of mental health and how to recognise mental ill health
 - Secure knowledge of healthy relationships and how to cope with relationship breakdown

- Mastery at Year 9:**
- Developed knowledge of the relationship between physical and mental health
 - Knowledge of the justice system and how crime is tackled and prevented
 - Developed knowledge of abusive relationships and where to get support
 - Ability to set SMART targets to work towards a career goal
 - Developed knowledge of healthy and unhealthy relationships
 - Identifying different types of relationships

- Mastery at Year 8:**
- Developed knowledge of how the UK government works
 - Strategies for maintaining healthy relationships
 - Knowledge of different types of employment
 - Knowledge of legal and illegal substances and how they affect the body
 - Developed knowledge of how to be assertive in relationships

- Mastery at Year 7:**
- Key strategies for maintaining a healthy lifestyle
 - How to use START to research career choices and options.
 - Key strategies for keeping safe both inside and outside of school.
 - Developed knowledge of the characteristics of positive and healthy friendships.

