

Theme of the Week - Increase our Faith

The word 'Faith' is central to this week's Gospel and the word comes from the Latin 'Fides' meaning trust and belief. And for St Joseph's, belief is our mission, to Unlock Belief in All. We also have as one of our virtues, Faith-filled. A lovely virtue to have and links so well to our mission; Not just having belief or trust in someone, but being filled with that faith. So how are you faith-filled? Who in your life do you believe in? Who believes in you? Who do you know that has great faith in God? How do you know this?

There are many things that we don't know or understand about God, but faith is a gift from God that helps us to pray and to believe what we cannot see. And it is important to realise that faith is a gift, a gift that we shouldn't keep to ourselves like a material possession. A gift that is to be shared and passed on to one another. When the apostles ask Jesus to increase their faith, he counters with a change in perspective. They are interested in quantity and Jesus in quality - his metaphorical use of the tiny mustard seed and the mulberry tree with its very deep and extensive root system, very difficult to uproot, is indicating that a tiny amount of genuine faith is able to realise the impossible. As followers of Christ, who have been called to service, we should do out of a profound sense of gratitude rather than a desire to be rewarded.

Take this opportunity to go back to the questions posed to you in day one. Who do you have faith in, who has faith in you and who shows great faith? Why do they and you have this Faith?

The month of October in the Catholic Church is given over to Mary. Let us this week ask Mary to intercede for us as we say a decade of the Rosary together. Let us be more **Faith-Filled** and **Hopeful** to stretch your faith by asking Mary to prayer alongside with us.

Increase our Faith

Weekly Reflections
5th October 2025
27th Week in Ordinary Time



A reading from the holy Gospel according to Luke 17: 5-10

At that time: The Apostles said to the Lord, 'Increase our faith!' And the Lord said, 'If you had faith like a grain of mustard seed, you could say to this mulberry tree, "Be uprooted and planted in the sea", and it would obey you.

'Will any one of you who has a servant ploughing or keeping sheep say to him when he has come in from the field, "Come at once and recline at table"? Will he not rather say to him, "Prepare supper for me, and dress properly, and serve me while I eat and drink, and afterwards you will eat and drink"? Does he thank the servant because he did what was commanded? So you also, when you have done all that you were commanded, say, "We are unworthy servants; we have only done what was our duty." '

Prayer for the Week

Almighty God,

You have sown in each one of us Faith. Let us as a community bring your thanksgiving to others through service so we and all around us can see the wonders of your works and continue to increase our Faith

Amen

Day 1

Who do you have faith in? Who has faith in you?
Who do you know has great faith in God?

Day 2

What is Faith?
What is the mustard seed and Mulberry tree representing?
What are we to do with this gift of Faith?

Day 3

Be more **Faith-filled** and **Hopeful** by praying one decade of the Rosary to our Lady